

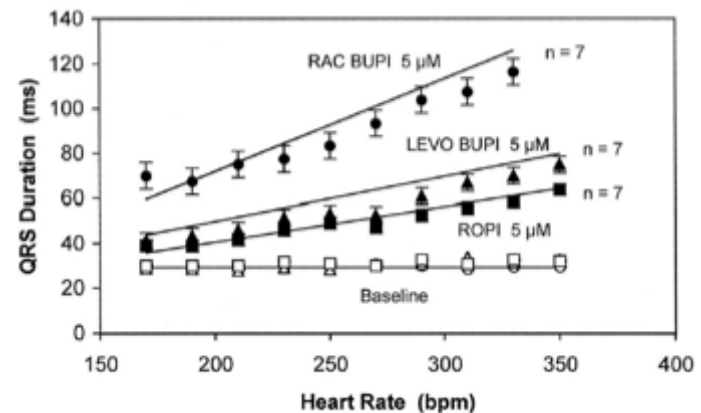
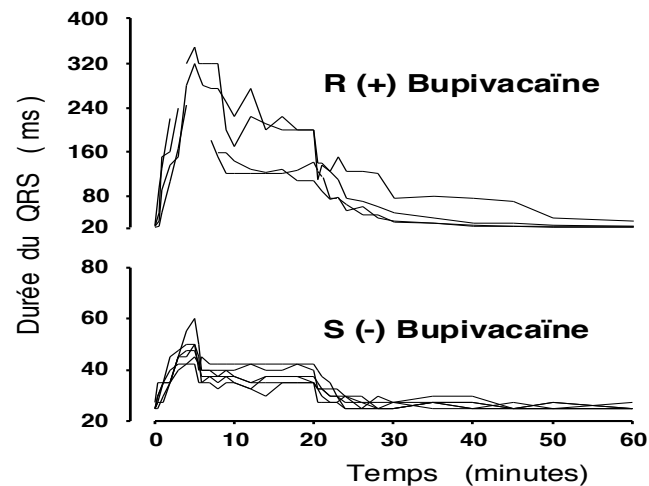
# Les anesthésiques locaux Complications Systémiques

**Capdevila Xavier MD, PhD**

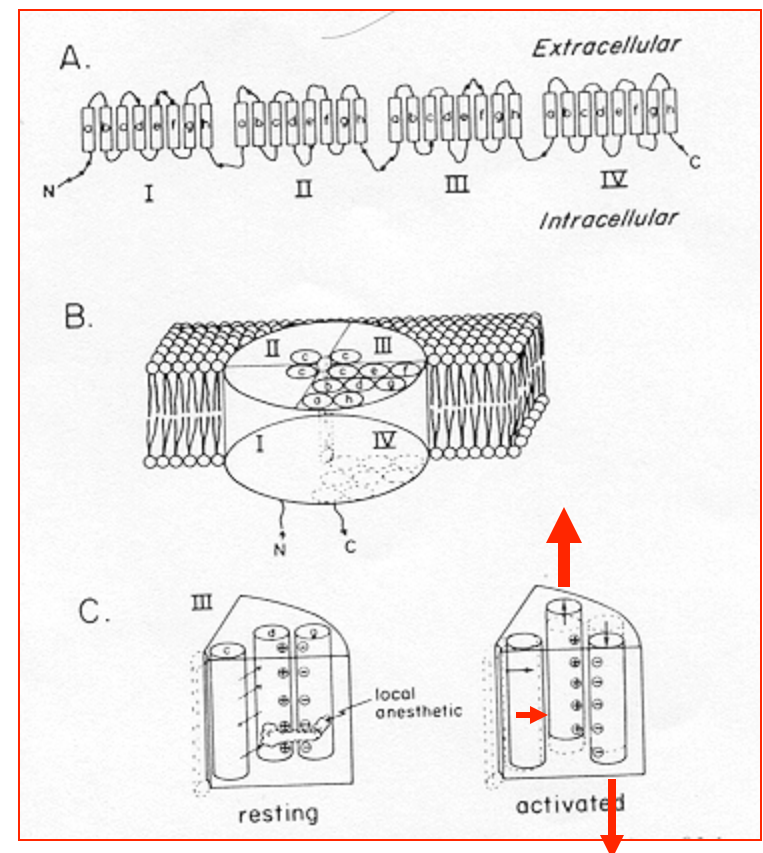
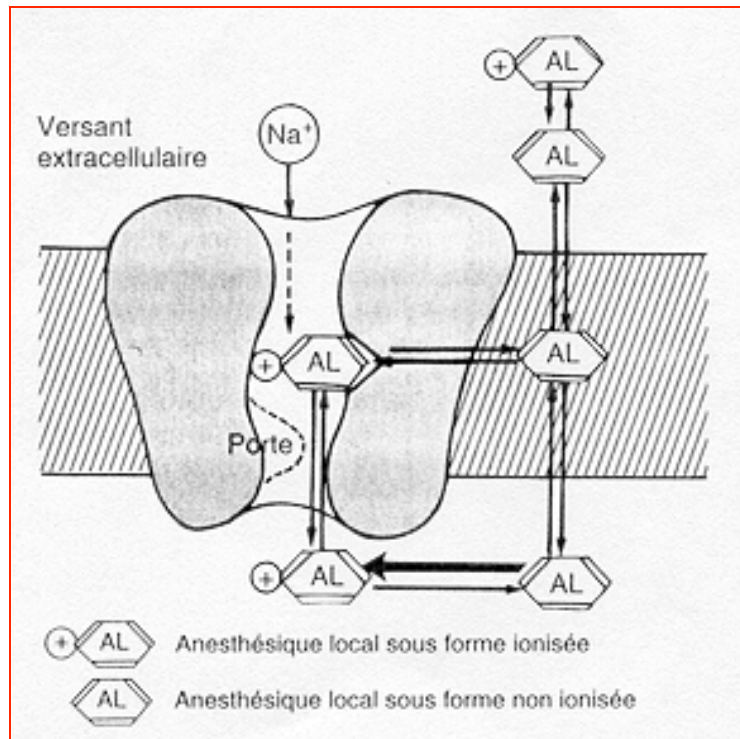
Head of Department

Professor of Anaesthesia and Intensive Care Medicine

Lapeyronie University Hospital and Montpellier School of Medicine  
Montpellier, France

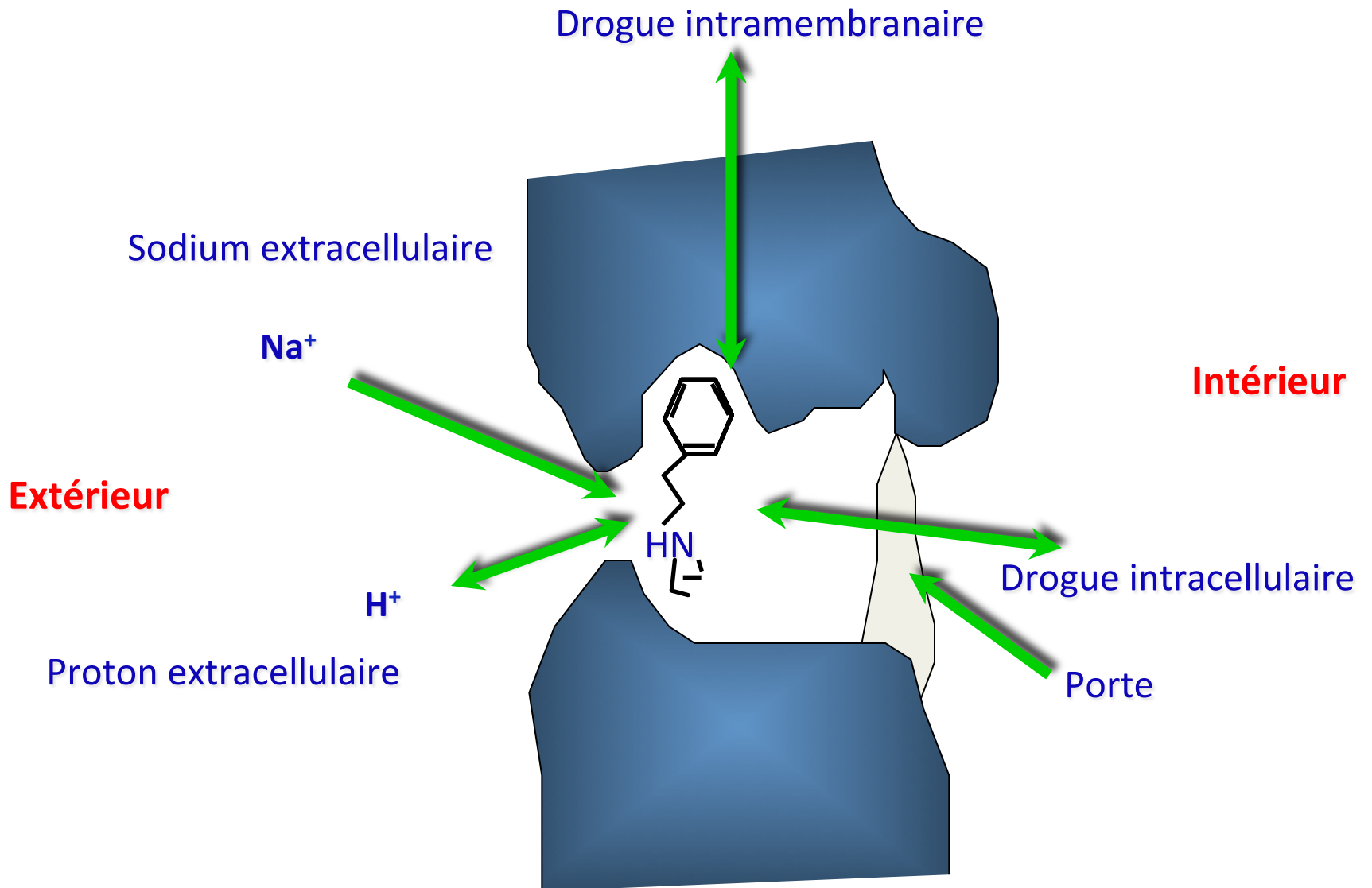


Le canal sodique est respectivement au repos, fermé, ouvert puis inactif . La forme non ionisée pénètre la membrane ( modifications de la matrice lipoprotéique qui diminuent le port sodé) et la forme cationique atteint le site actif par l' axoplasme



3 formes : canal ouvert bloqué, activation inhibée (AL sur canal semi fermé) et inactivation de longue durée

# Canal ionique transmembranaire



Nœud sinusal

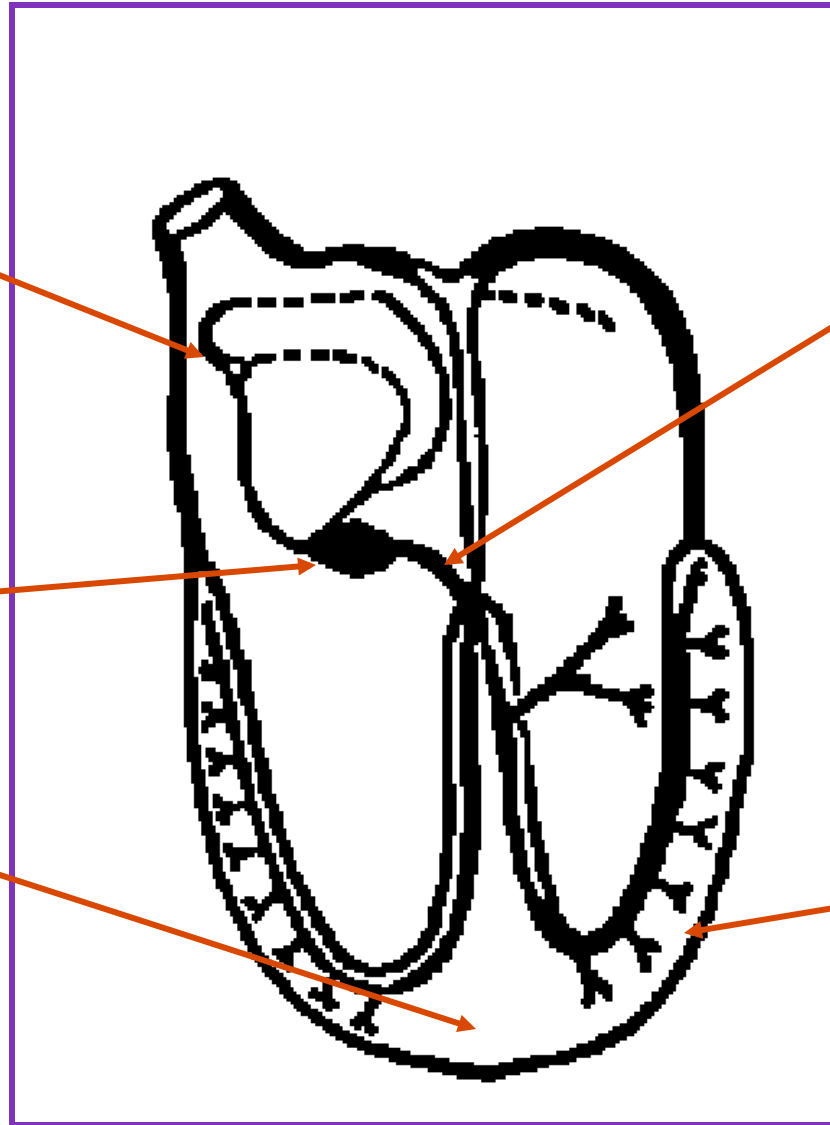
Na +

Nœud AV

Ca ++

Muscle  
Ventriculaire

Na +



Faisceaux de  
His

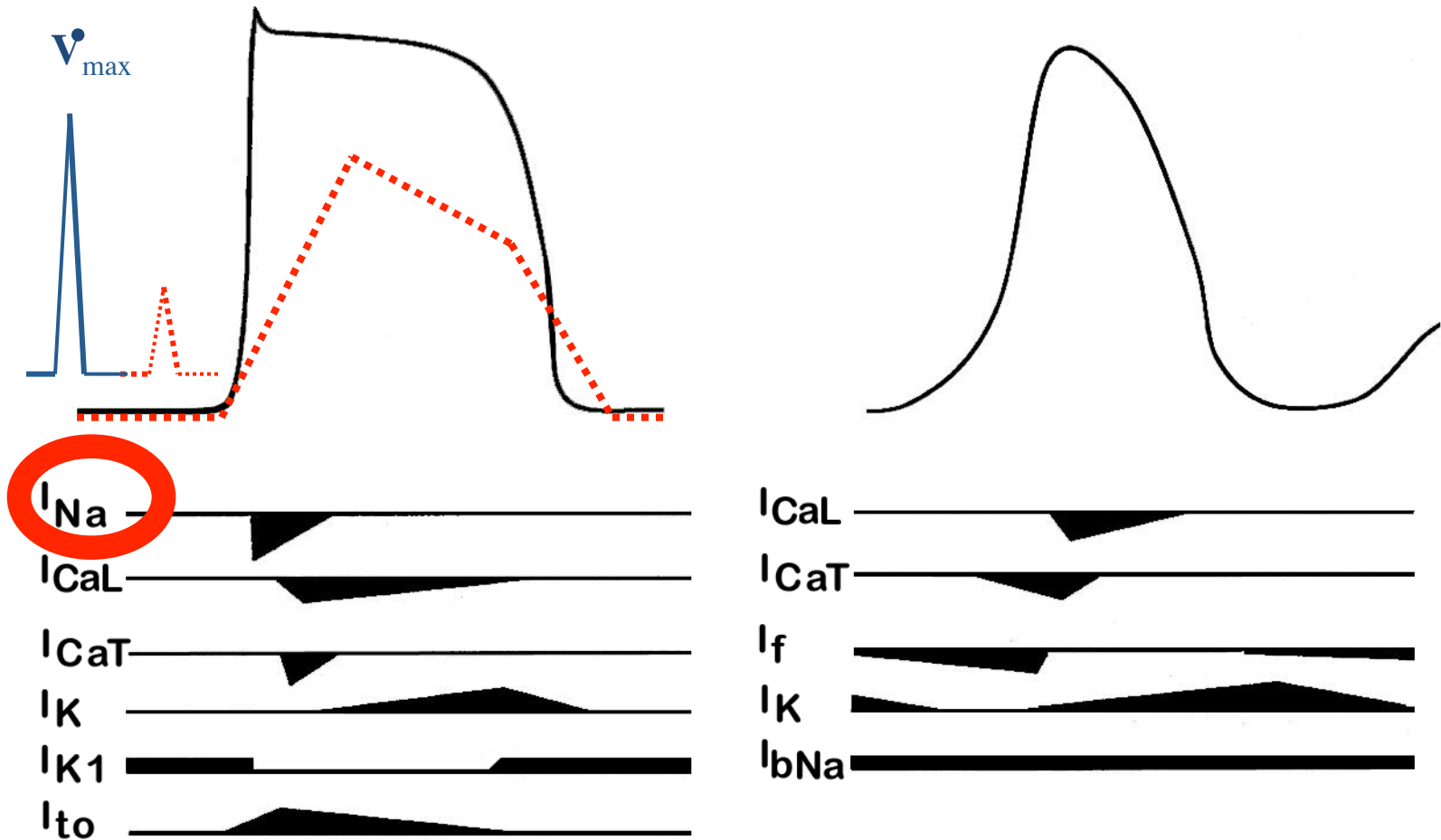
Na +

Fibres Purkinje

Na +

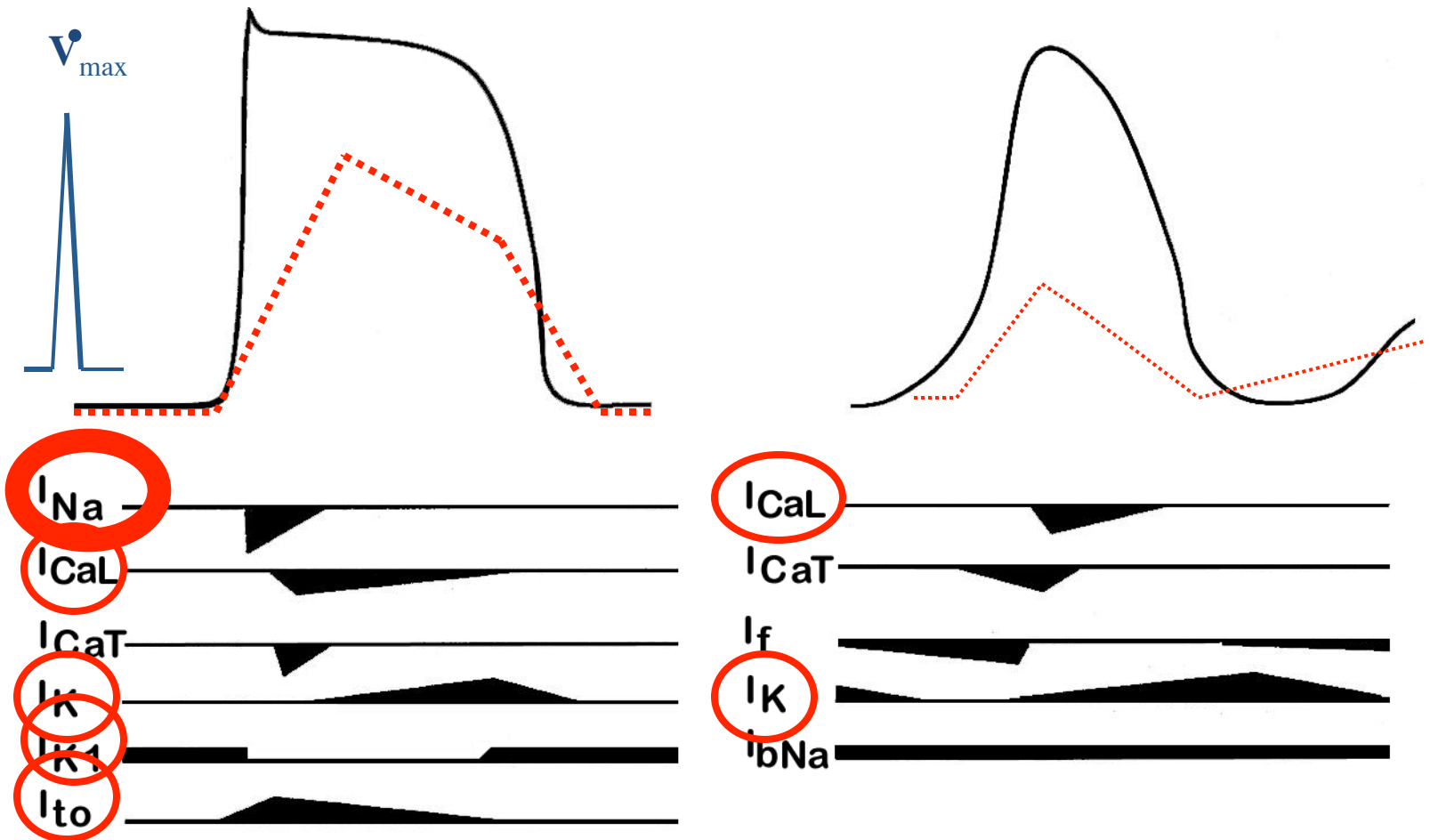
# EFFETS CARDIAQUES DES A.L.

## Courants ioniques



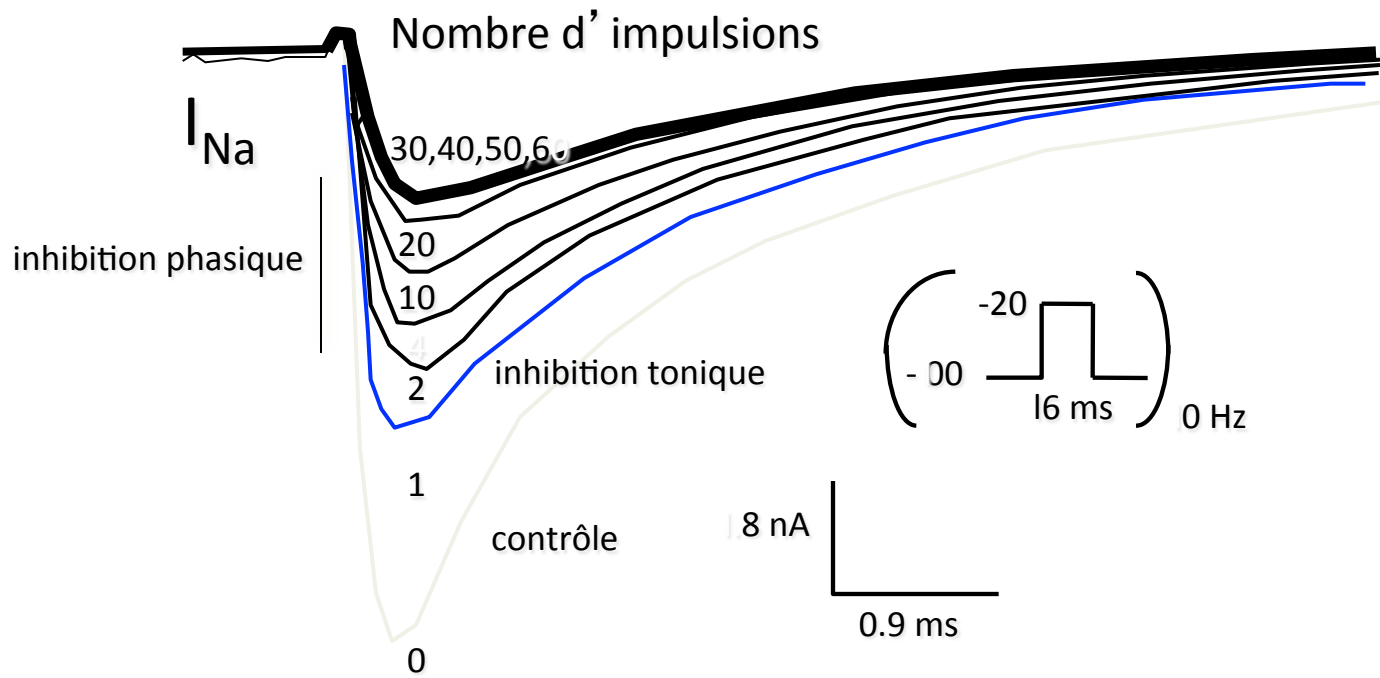
# EFFETS CARDIAQUES DES A.L.

## Courants ioniques



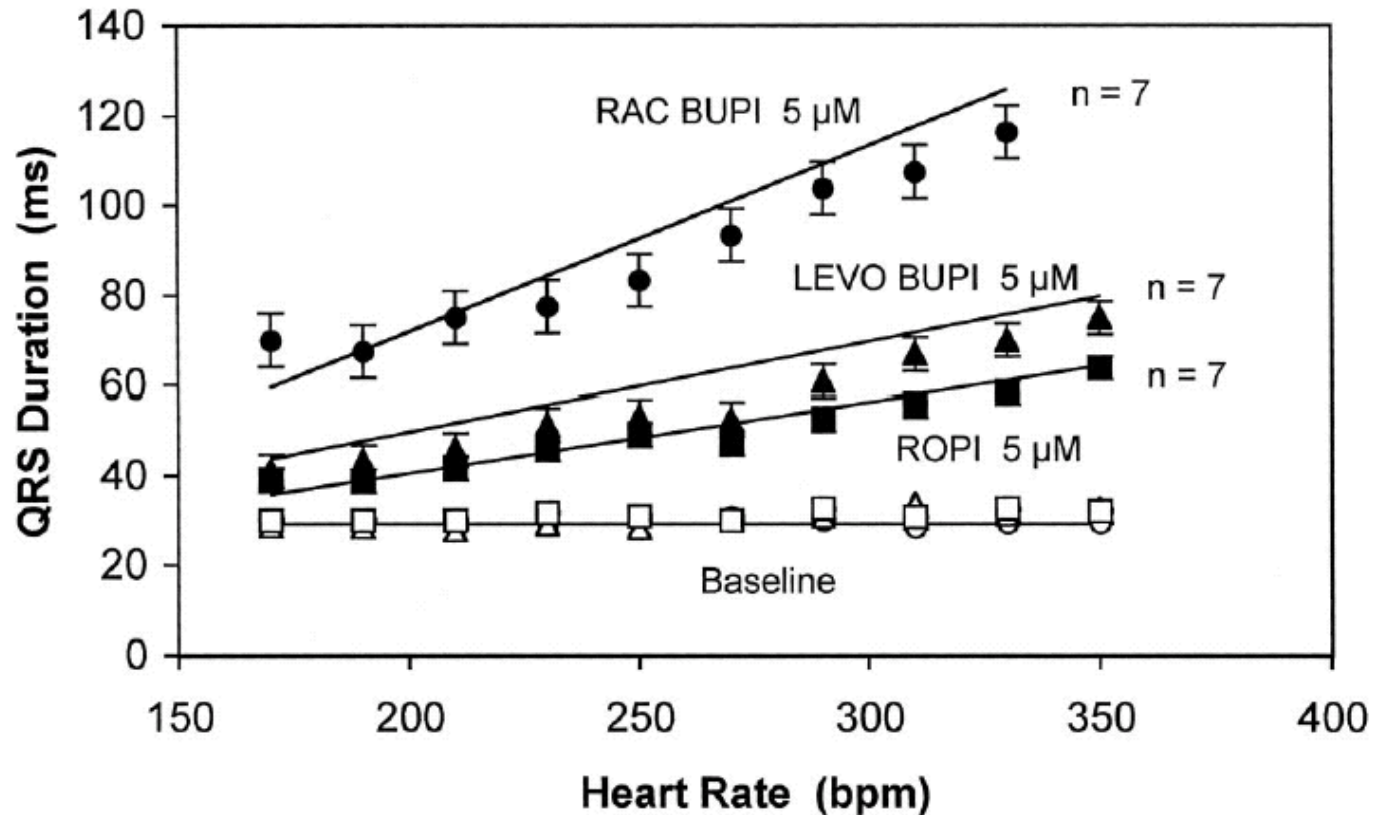
La use dependence  
ou rate dependence  
ou frequency dependence  
ou bloc phasique

# 200 mM de lidocaïne





# EFFETS CARDIAQUES DES A.L. Comparaison Bupi/L-bupi/Ropi



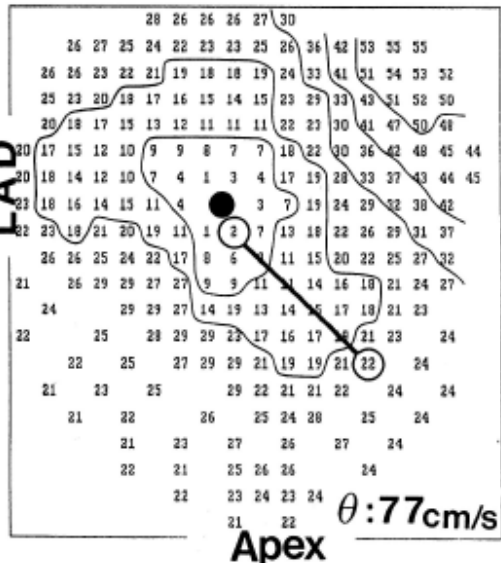
Dose-dep: 1 / 0.4 / 0.3

Rate-dep: 1 / 0.5 / 0.25

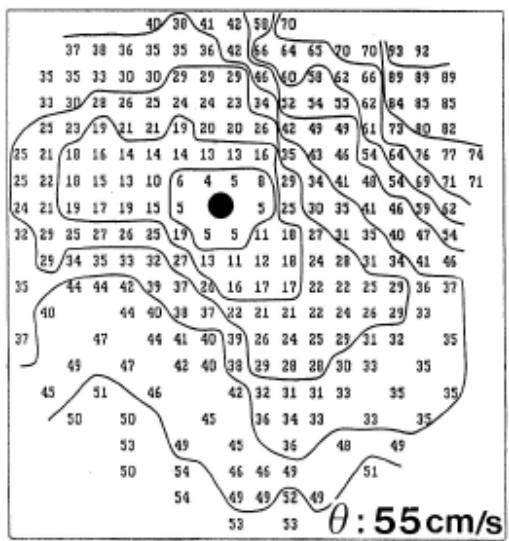
Mazoit et al,  
Anesthesiology, 2002

PCL : 500 ms

CONTROL



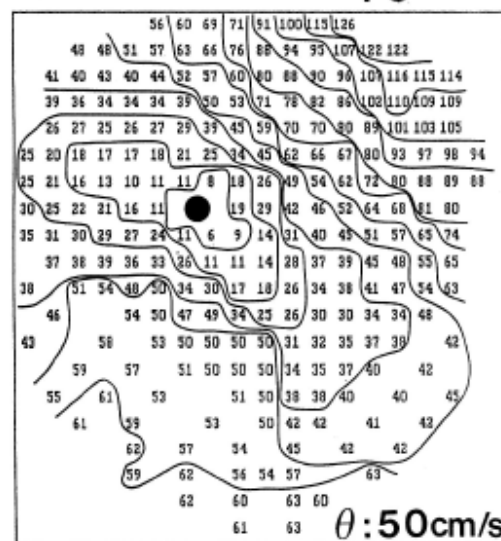
BUPIVACAINE 0.2  $\mu\text{g/ml}$



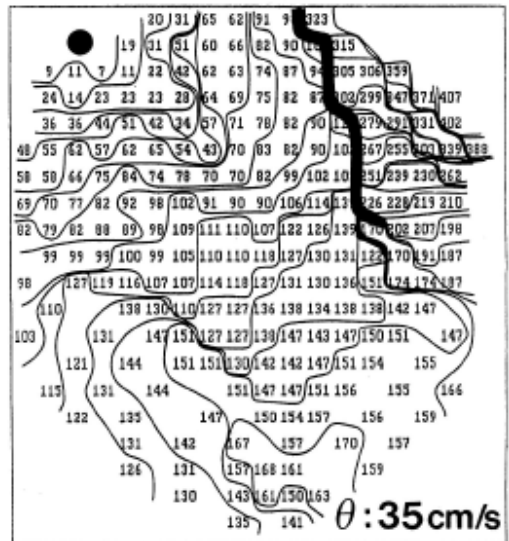
Dose-dépendance

La Coussaye et al.  
Anesthesiology 1992

BUPIVACAINE 0.5  $\mu\text{g/ml}$

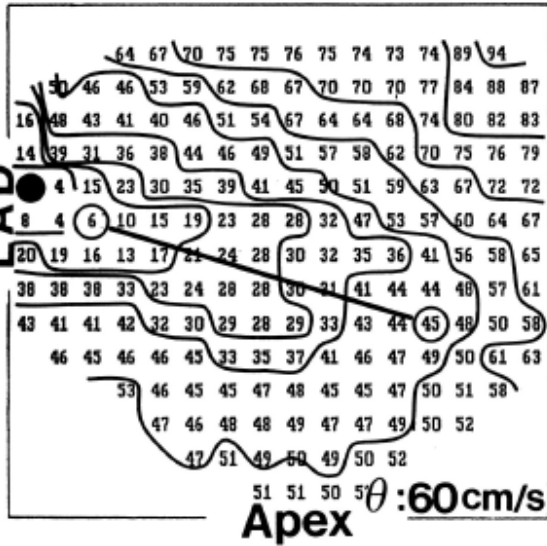


BUPIVACAINE 5.0  $\mu\text{g/ml}$

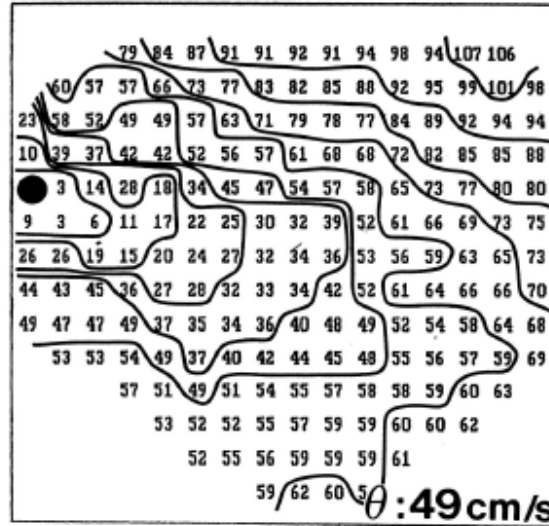


# BUPIVACAINE 0.2 $\mu$ g/ml

PCL: 1000 ms



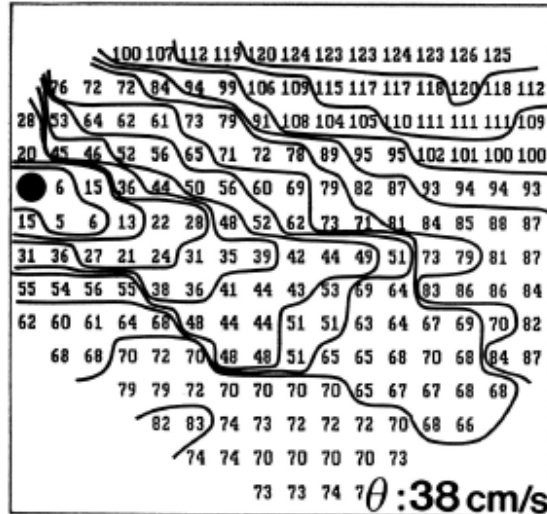
PCL: 700 ms



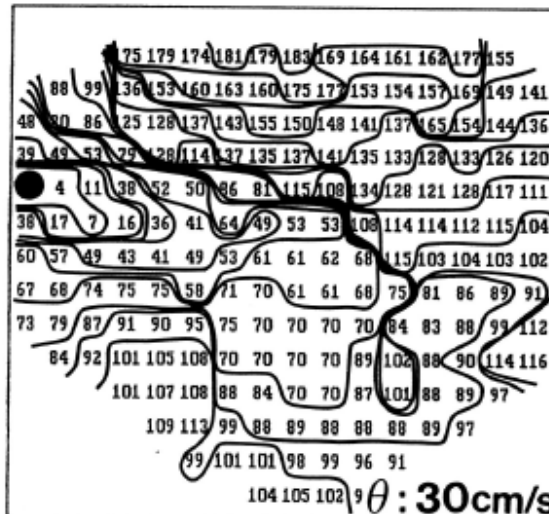
Use-dépendance

La Coussaye et al.  
Anesthesiology 1992

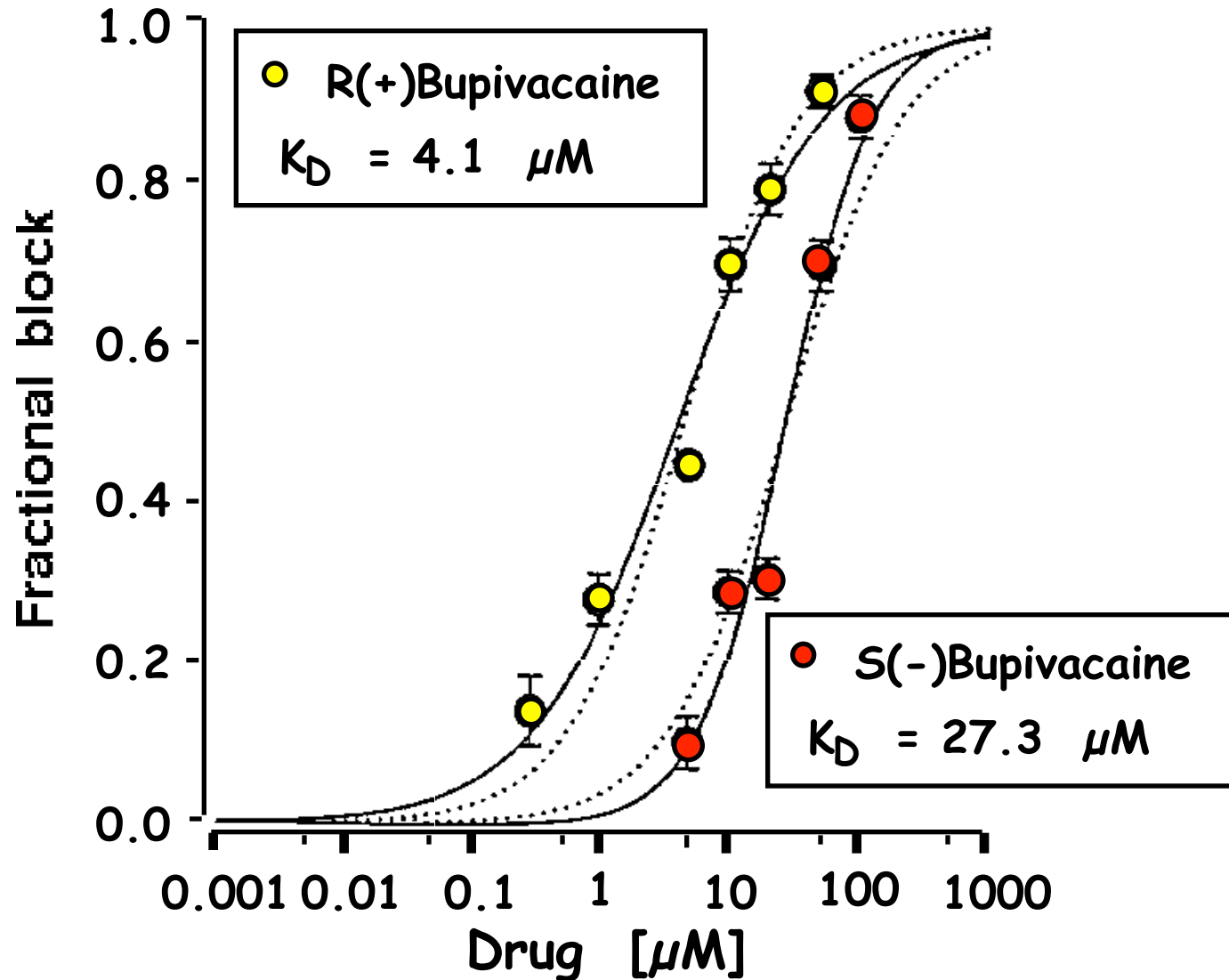
PCL: 400 ms

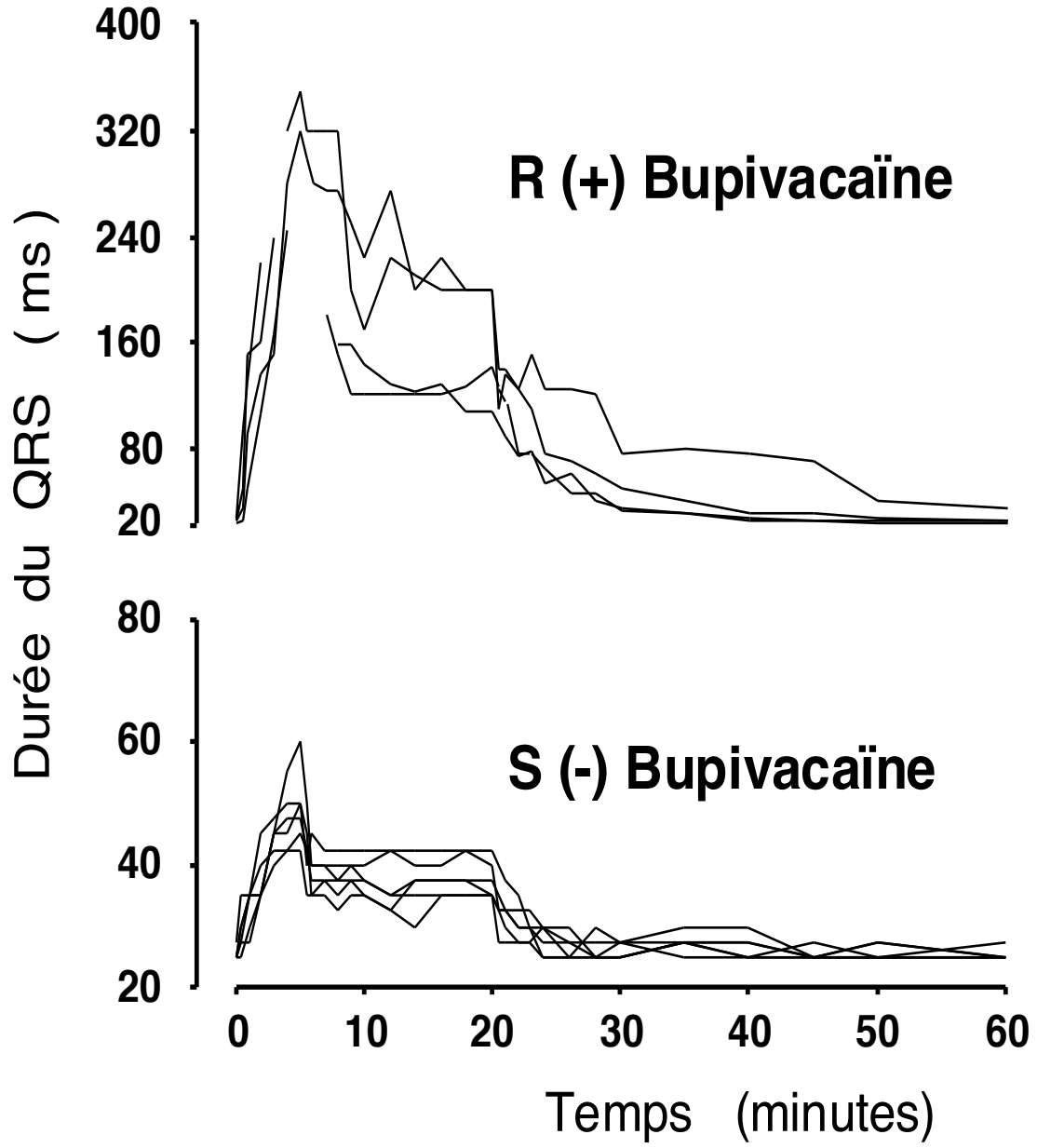


PCL: 200 ms



Valenzuela C et col. Biophys J 1995; 69: 418-27.

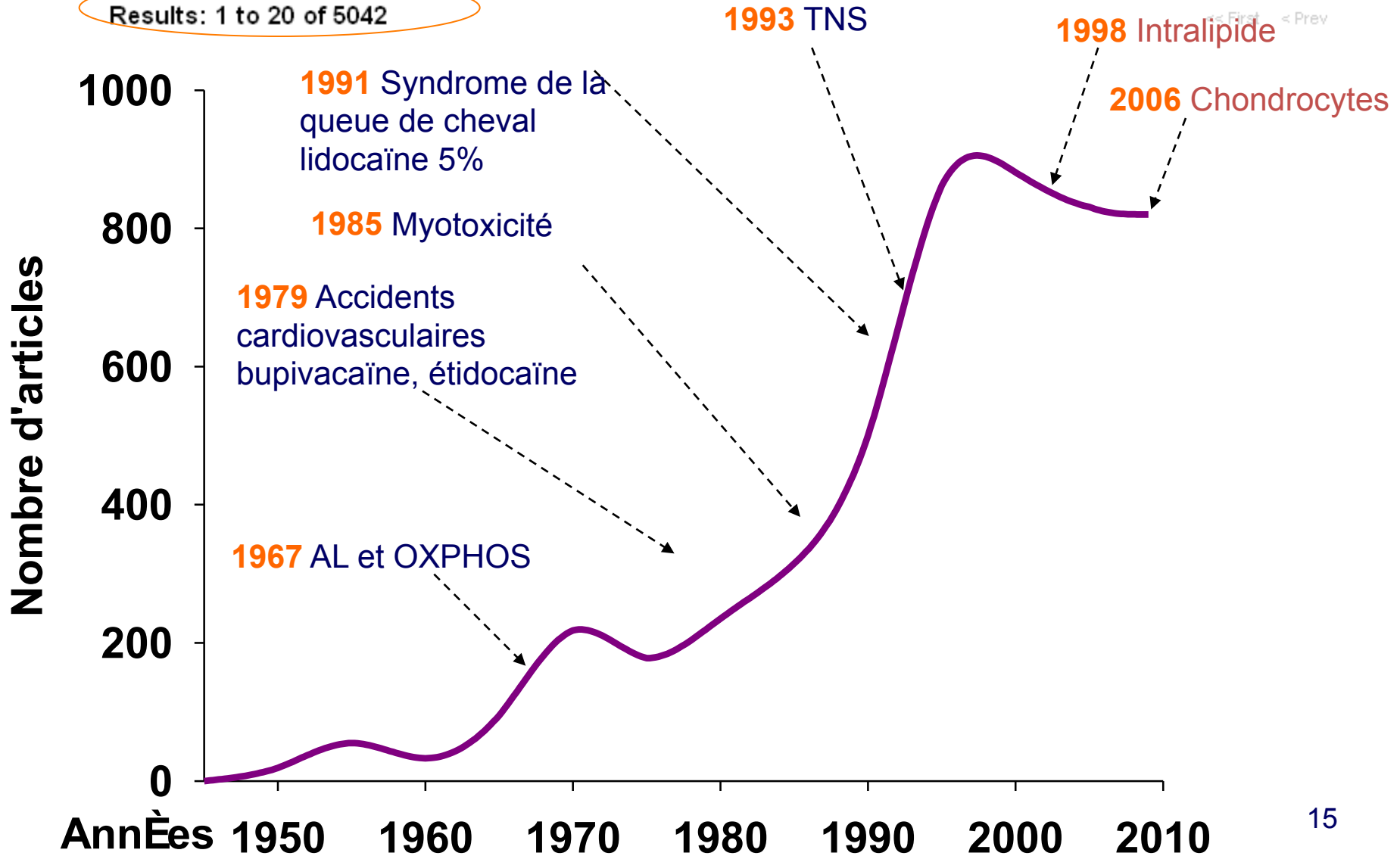




Toxicité systémique

Display Settings:  Summary, 20 per page, Sorted by Recently Added

Results: 1 to 20 of 5042



# Toxicité des AL



**Molécule**

**Patient**

**Toxicité locale**

**Musculaire**

**Nerveuse**

**Chondrocyte**

**Toxicité systémique**

**Neurologique**

**Cardiovasculaire**

**Facteurs extrinsèques**

Médicaments

Anesthésie

**Facteurs intrinsèques**

I. respiratoire, rénale, hépatique

Maladies neurologiques

Grossesse

Chronobiologie

Génétique



# Anesthesiology

Volume 99 • Number 6 • December 2003

- EDITORIAL VIEWS : Polley L, et al. Cardiac Arrest following Regional Anesthesia with Ropivacaine - Here We Go!
- Chazalon P, et al. Ropivacaine-induced Cardiac Arrest after Peripheral Nerve Block - Successful Resuscitation.
- Huet O, et al. Cardiac Arrest after Injection of Ropivacaine for Posterior Lumbar Plexus Blockade.

## Ropivacaine-Induced Cardiac Arrest after Peripheral Nerve Block: Successful Resuscitation

Pascal Chszalon, M.D.,\* Jean P. Tourtier, M.D.,\* Thiery Villevielle, M.D.,\* Didier Giraud, M.D.,\* Jean M. Saissy, M.D.,†  
Georges Mion, M.D.,‡ Dan Benhamou, M.D.§

Table 1. Previously Reported Cases of Severe Neurologic or Cardiac Adverse Effects Induced by Ropivacaine after Regional Anesthesia

Regional Anesthetic Technique, Reference No.	Dose of Ropivacaine Injected (mg)	Side Effect(s)	Plasma Concentration (mg/l)*	Time (min)	Proposed Mechanism
Epidural anesthesia <sup>10</sup>	20	Convulsions, sinus tachycardia, intraventricular conduction defect	1.4	40	Intravascular injection
Epidural anesthesia <sup>11</sup>	279 mg/5 h (150 mg in 3 bolus last 30 min)	Convulsions	3.5	60	Overdose
Interscalene brachial plexus block <sup>12</sup>	400	Convulsions	2.09	40	Overdose, 0.15 mg/kg
Interscalene brachial plexus block <sup>13</sup>	300	Mental confusion, convulsions, sinus tachycardia, arterial hypertension	6.0, 5.4, 4.0, 4.0	40, 60, 80, 98	Overdose, 6 mg/kg
Brachial plexus block <sup>14</sup>	300	Mental confusion convulsions	2.70	2	Intravascular injection
Brachial plexus block <sup>15</sup>	100	Convulsions	3.3, 1.0, 1.2, 1.0	15, 45, 75, 155	Intravascular injection
Midhumeral brachial plexus block <sup>16</sup>	300	Convulsions	2.27	120	Overdose, 4.28 mg/kg
Midhumeral brachial plexus block <sup>17</sup>	262.5	Mental confusion, convulsions, sinus tachycardia	5.22, 3.79	0, 15	Overdose, 5.36 mg/kg
Sciatic nerve block <sup>8</sup>	225	Convulsions, severe bradycardia, QRS enlargement complex	3.0, 1.0	7, 12	Intravascular injection
Sciatic nerve block + 3-in-1 nerve block <sup>19</sup>	225	Convulsions, sinus tachycardia	3.58	15	Intravascular injection

\* Total Ropivacaine plasma concentrations (venous samples).

# Major Complications of Regional Anesthesia in France.

The SOS Regional Anesthesia Hotline Service

**Table 2. Complications Reported and Their Relation to Regional Anesthesia**

	Related	Unrelated*	Unclassified	Total
Cardiac arrest†	11	1	0	12
Respiratory failure‡	7	2	0	9
Seizures§	8	1	0	9
Peripheral neuropathy	26	7	6	39
Cauda equina syndrome#	3	1	1	5
Central neurologic event**	0	2	0	2
Meningitis	1	0	0	1
Total	56	14	7	77
Death	4	0	0	4

158 083 ALR  
487 Anesthésistes

Incidence:  
5/10 000

# Évolution des complications de l'ALR en France entre 1997 et 2002

Type d'ALR	Année	n	Arrêts cardiaques	Convulsions	Neuropathies	SQC
Rachianesthésie	1997	40 640	26 (1,0)	0	19 (4,9)	5 (1,2)
Rachianesthésie	2002	41 079				
Hors obstétrique		35 439	9 (2,4)	1 (0,3)	9 (2,4)	3 (0,8)
Obstétrique		5 640	1 (1,7)	0	2 (3,5)	0
Péridurale	1997	40 640	3 (1,0)	4 (1,3)	5 (1,6)	0
Péridurale	2002					
Hors obstétrique		5 561	0	1 (1,8)	0	0
Obstétrique		29 732	0	2 (0,7)	0	0
ALR Mb Sup + Inf	1997	21 278	3 (1,4)	16 (1,9)	4 (1,9)	-
ALR Mb Sup	2002	23 784	0	3 (1,3)	4 (1,6)	-
ALR Mb Inf	2002	20 162	1 (0,5)	3 (1,5)	8 (3,9)	-

Tableau 1 : Nombre et incidence (pour 10 000 anesthésies) des complications des blocs centraux et périphériques en France en 1997 et 2002.

# Clinical Presentation of Local Anesthetic Systemic Toxicity

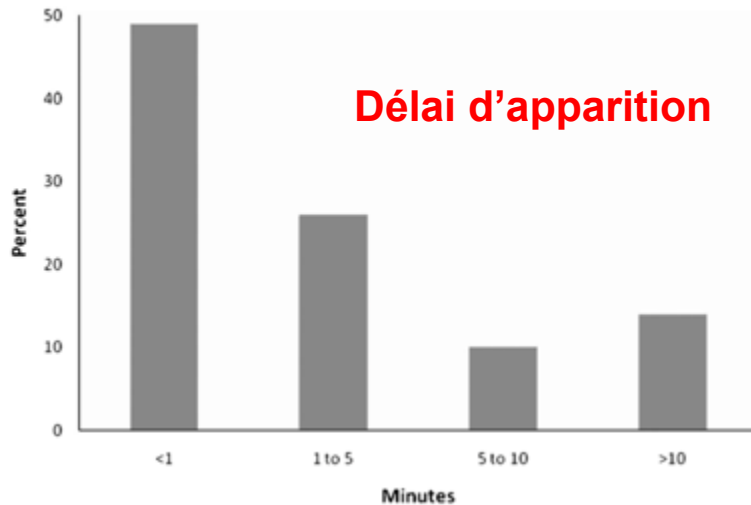
## A Review of Published Cases, 1979 to 2009

Guido Di Gregorio, MD,\* Joseph M. Neal, MD,† Richard W. Rosenquist, MD,‡ and Guy L. Weinberg, MD§

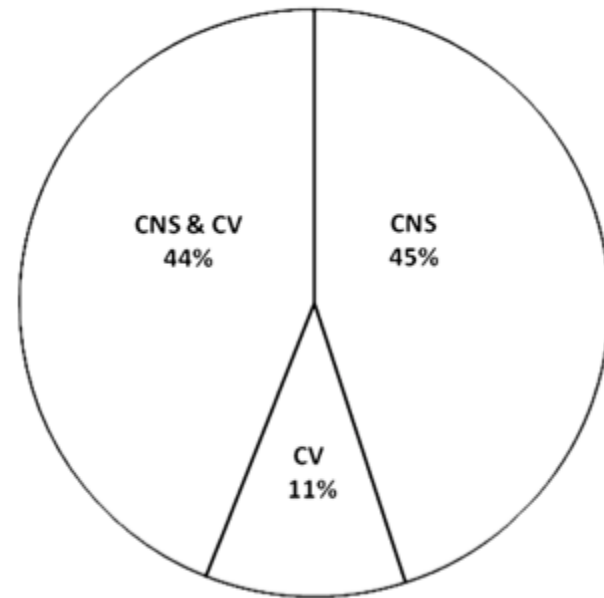
### 93 Patients

Anesthésie Péridurale 33%  
Bloc axillaire 17%  
BIS 13%

77 Patients single shot  
14 Patients blocs continus



Spectrum of Presenting Signs:  
CNS : CV : Combination



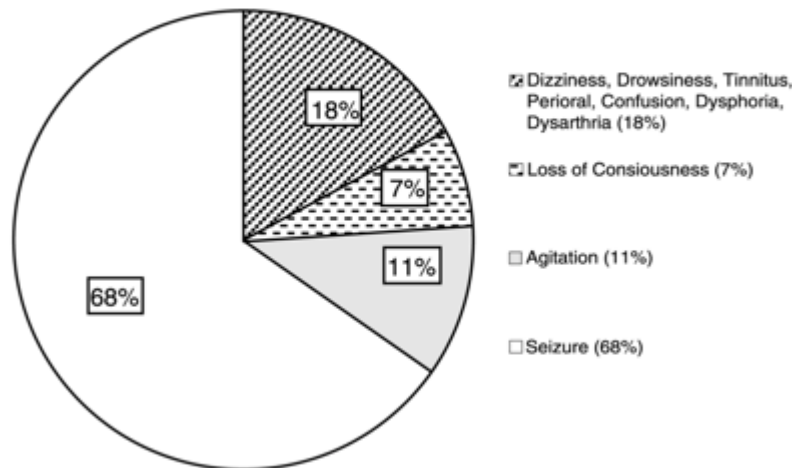
# Clinical Presentation of Local Anesthetic Systemic Toxicity

## A Review of Published Cases, 1979 to 2009

Guido Di Gregorio, MD,\* Joseph M. Neal, MD,† Richard W. Rosenquist, MD,‡ and Guy L. Weinberg, MD§

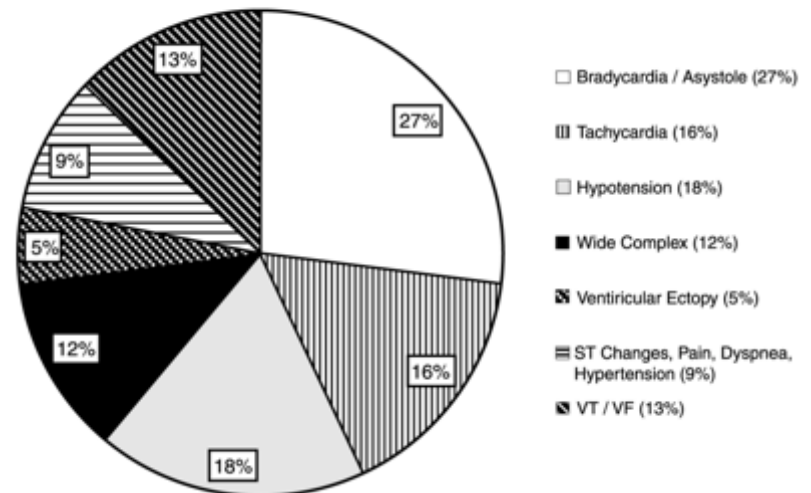
# 93 Patients

**Spectrum of Central Nervous System Signs**



i. The distribution frequencies of all reported signs of CNS toxicity among published cases of LAST.

**Spectrum of Cardiovascular Signs**



# Signes cliniques neurologiques (SNC)

- Rechercher les 1ers signes de l'intoxication

- Subjectifs

- paresthésies des lèvres
- étourdissement
- bourdonnement
- diplopie
- somnolence

- Objectifs

- frissons
- trémulations
- nystagmus
- gêne à la parole

- Convulsions généralisées

- Coma

Concentrations  
croissantes d'AL

Artériel libre

Ropivacaine ~ 0,6 mg/l

Bupivacaine ~ 0,3 mg/l

Artériel total

Ropi ~ 4 mg/ml

Bupi ~ 4mg/ml

# TOXICITE SYSTEMIQUE: le cœur

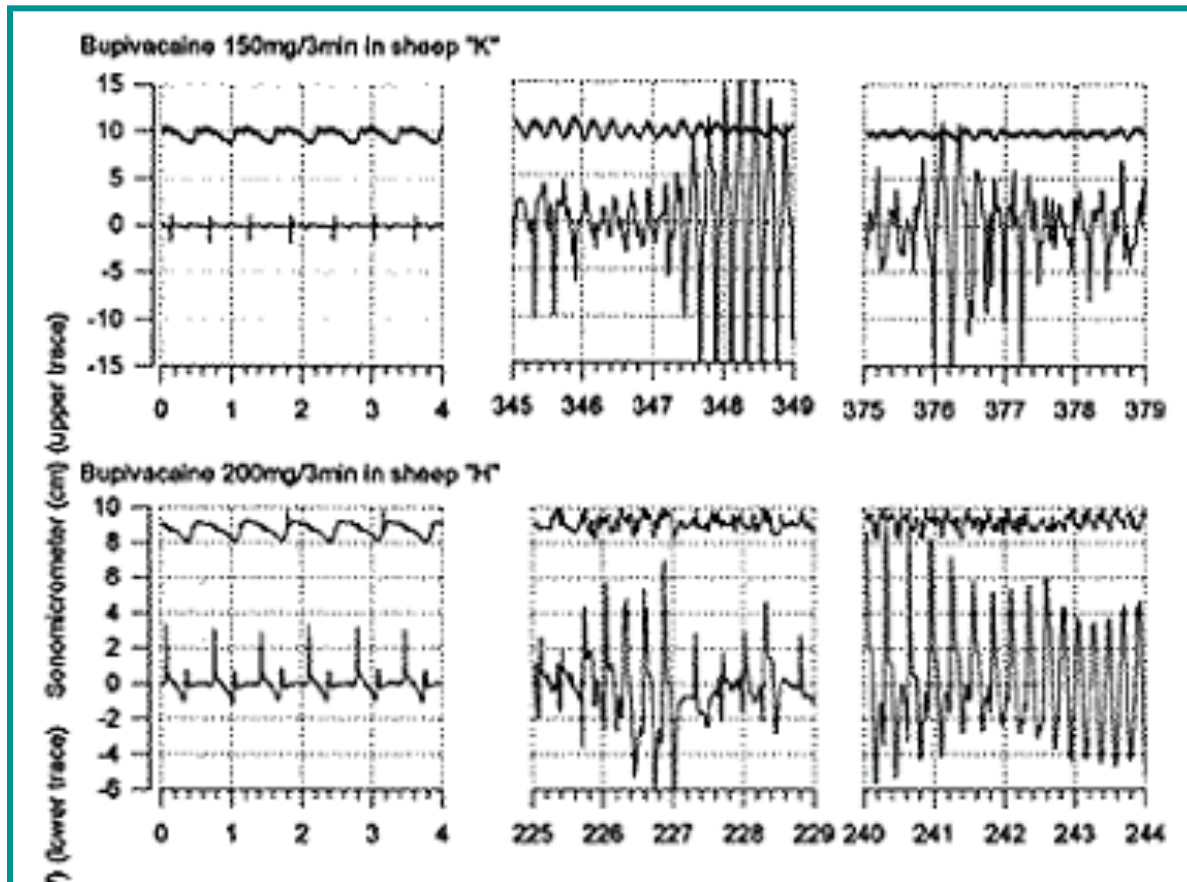
- Cardiologues
  - Anti-arythmiques de classe Ib
- Anesthésistes
  - Toxicité (Albright)

## Effets majeurs

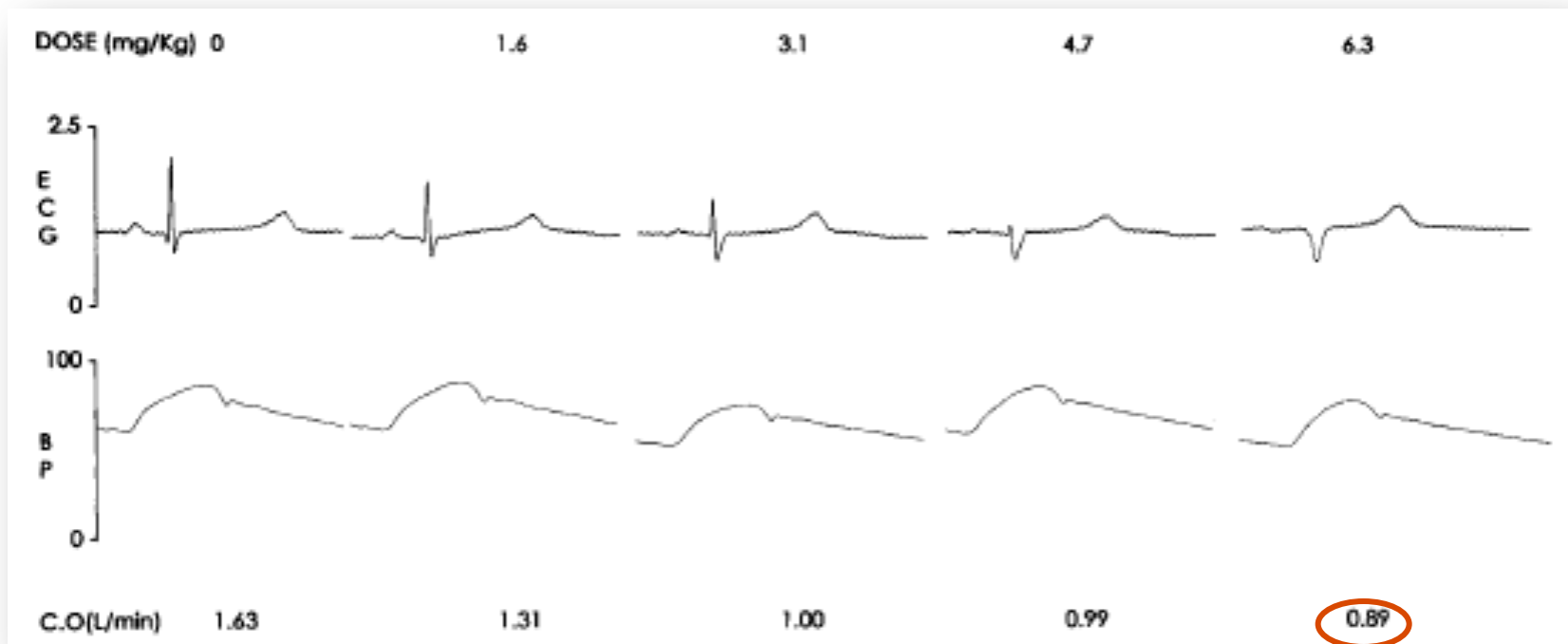
- Sur la conduction (bloc du canal sodique cardiaque)
  - Ralentissement de la conduction ventriculaire.
  - Le bloc augmente quand la fréquence augmente (*use dependence*).
- Contractilité (action mitochondriale)
  - Effet à des concentrations supérieures



# Exemple d' ECG et d' arythmie ventriculaire après bupivacaïne IV

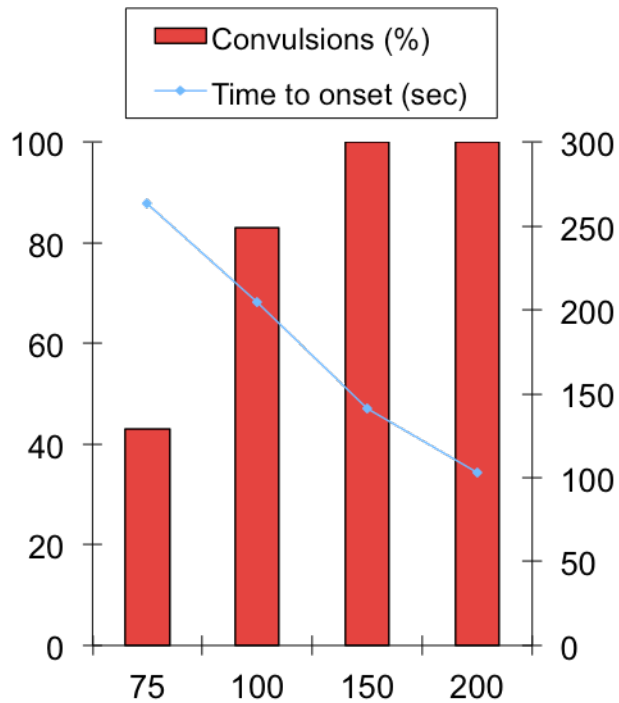


# Effets cardiodépresseurs de la bupivacaine

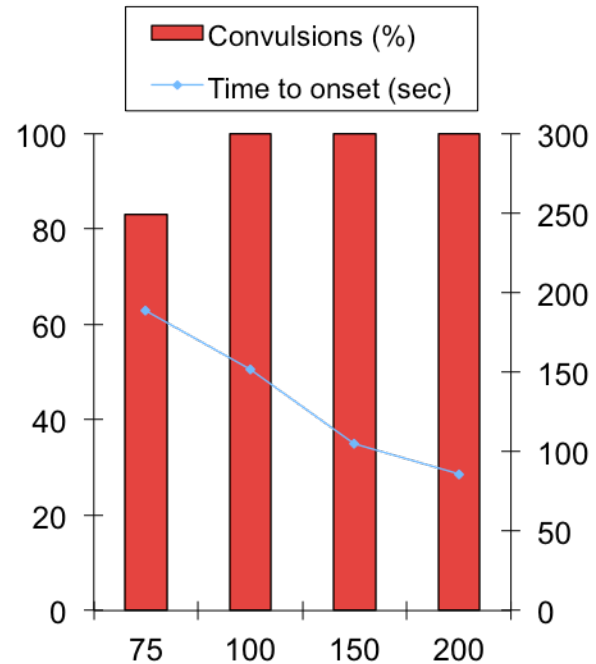


# CV and CNS effects of IV levobupivacaine and bupivacaine in conscious sheep

Huang YF et al, Anesth Analg 1998;86:797-804



Dose of L-Bupi (mg)

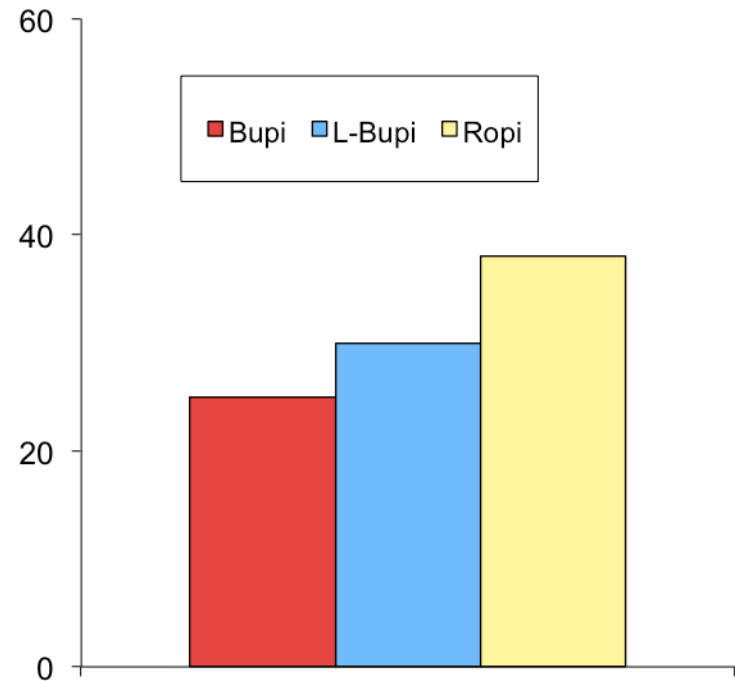
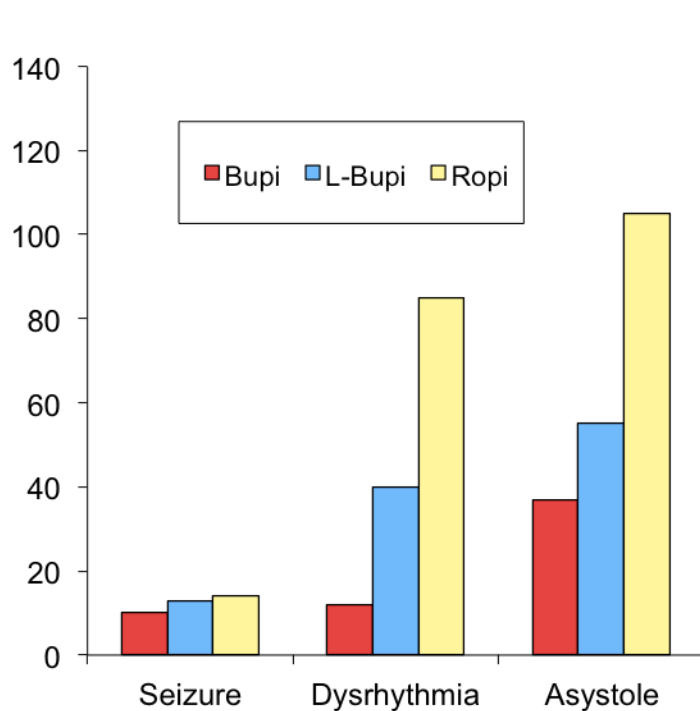


Dose of Bupi (mg)

# Systemic toxicity and resuscitation in bupivacaine-, levobupivacaine- or ropivacaine infused anesthetized rats

Ohmura S et al, Anesth Analg 2001;93:743-8

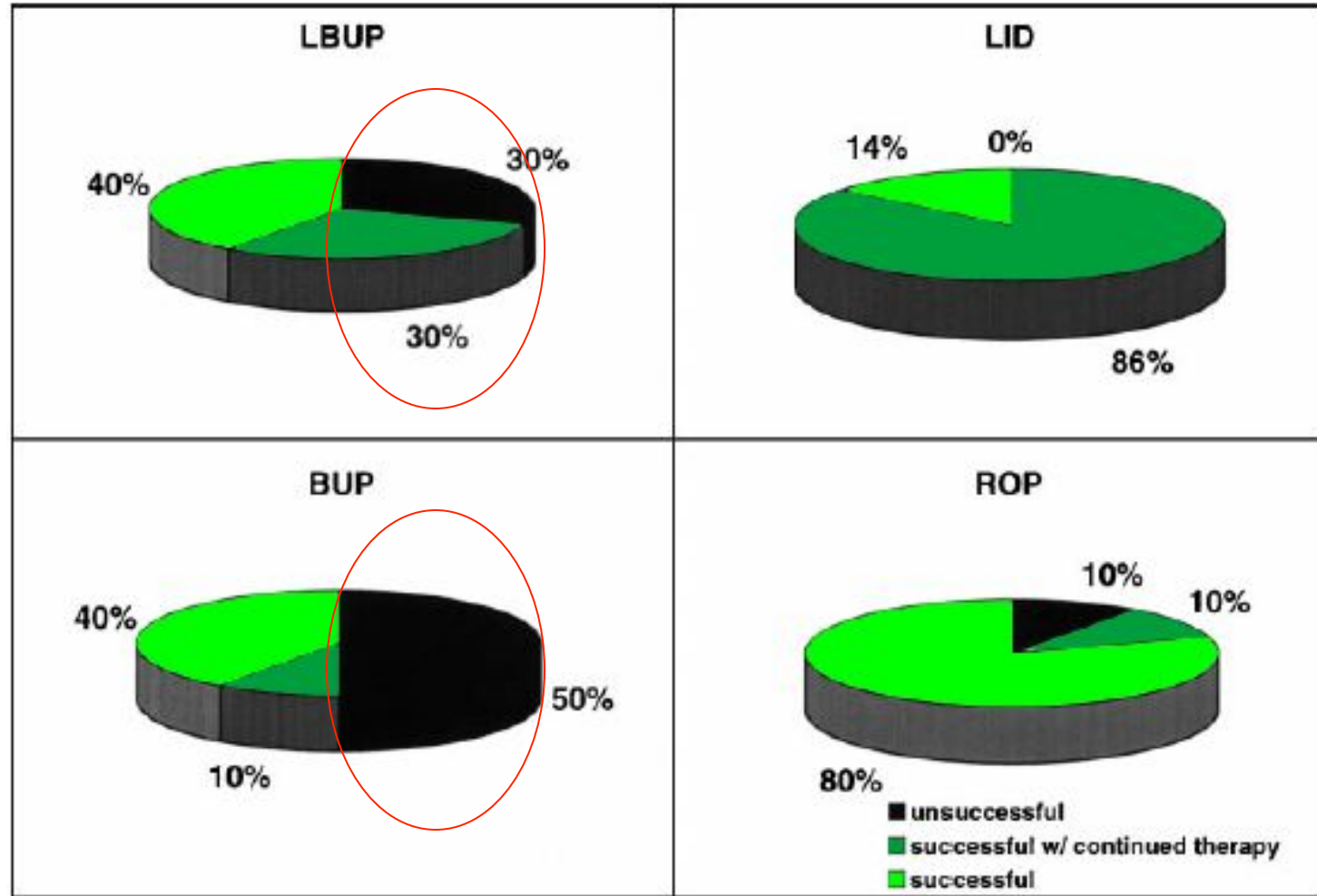
Cumulative dose (mg)



Plasma concentration at resuscitation (mg/L)

# COMPARISON ROPIVACAINE, LÉVOBUPIVACAINE, BUPIVACAINE and LIDOCAINE

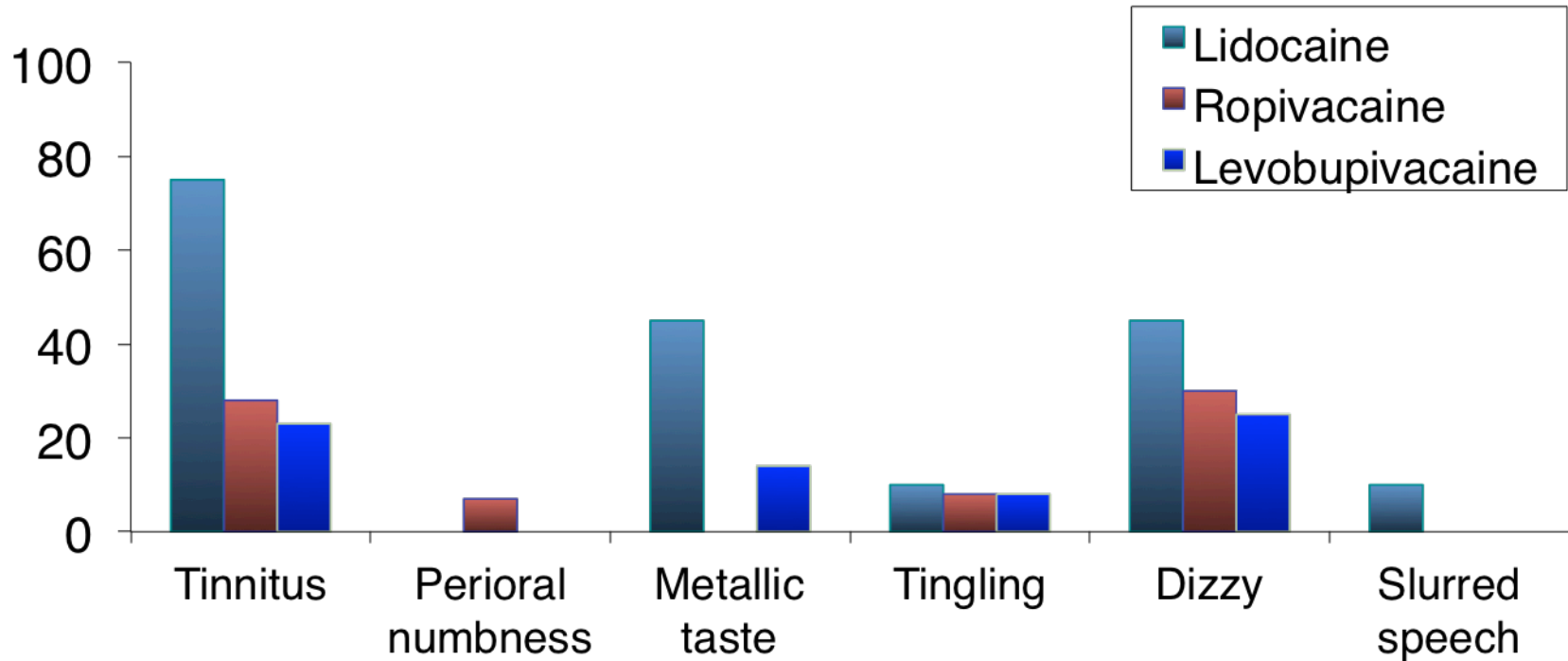
## Acute toxicity and resuscitation (anaesthetised dog)



# Can ropivacaine and levobupivacaine be used as a test dose during regional anesthesia?

Owen MD et al, Anesthesiology 2004

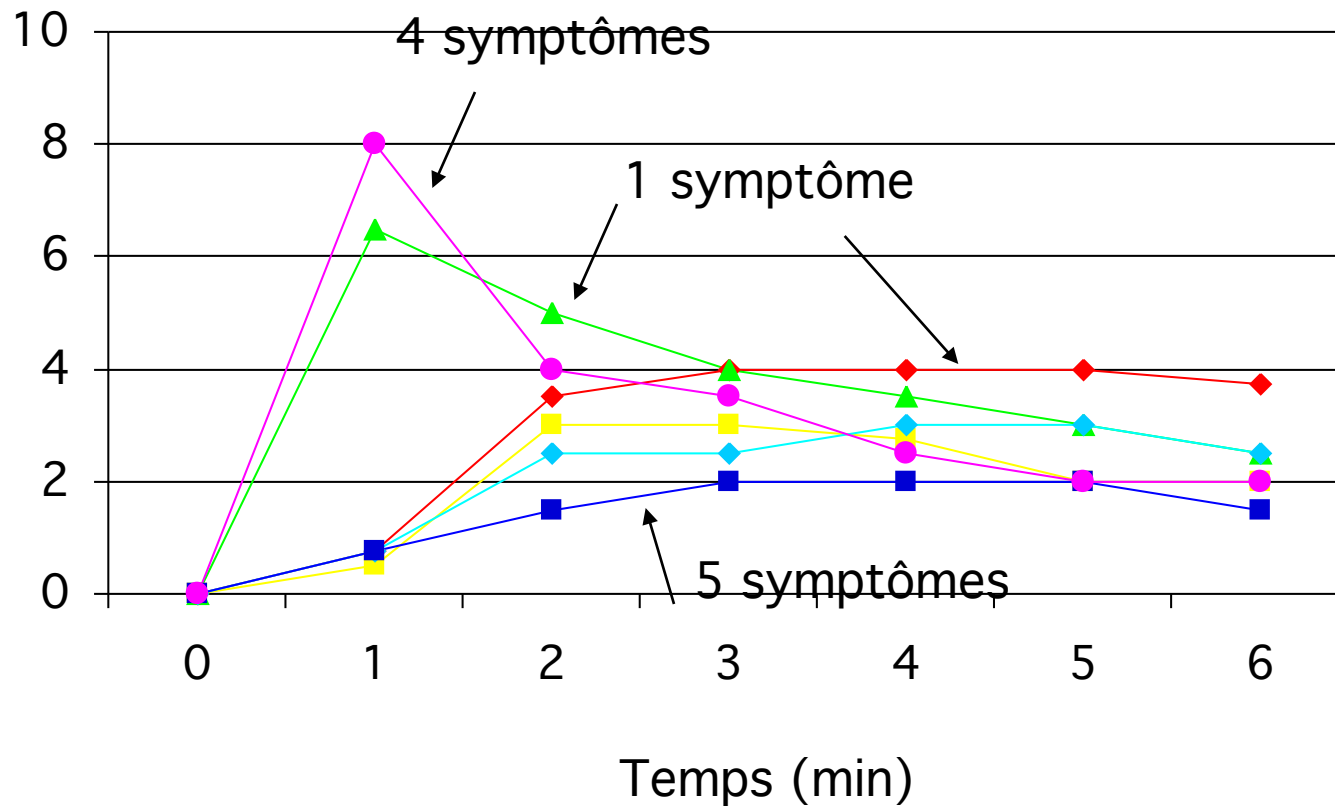
Percent of patients with symptom(s) (%)



# IV ropivacaine bolus is a reliable marker of IV injection in premedicated healthy volunteers

McCartney CJL et al, Can J Anesth 2003;50:795-800

Concentration veineuse plasma [ropivacaine] ( $\text{mg}\cdot\text{L}^{-1}$ )



# CARDIOTOXICITE

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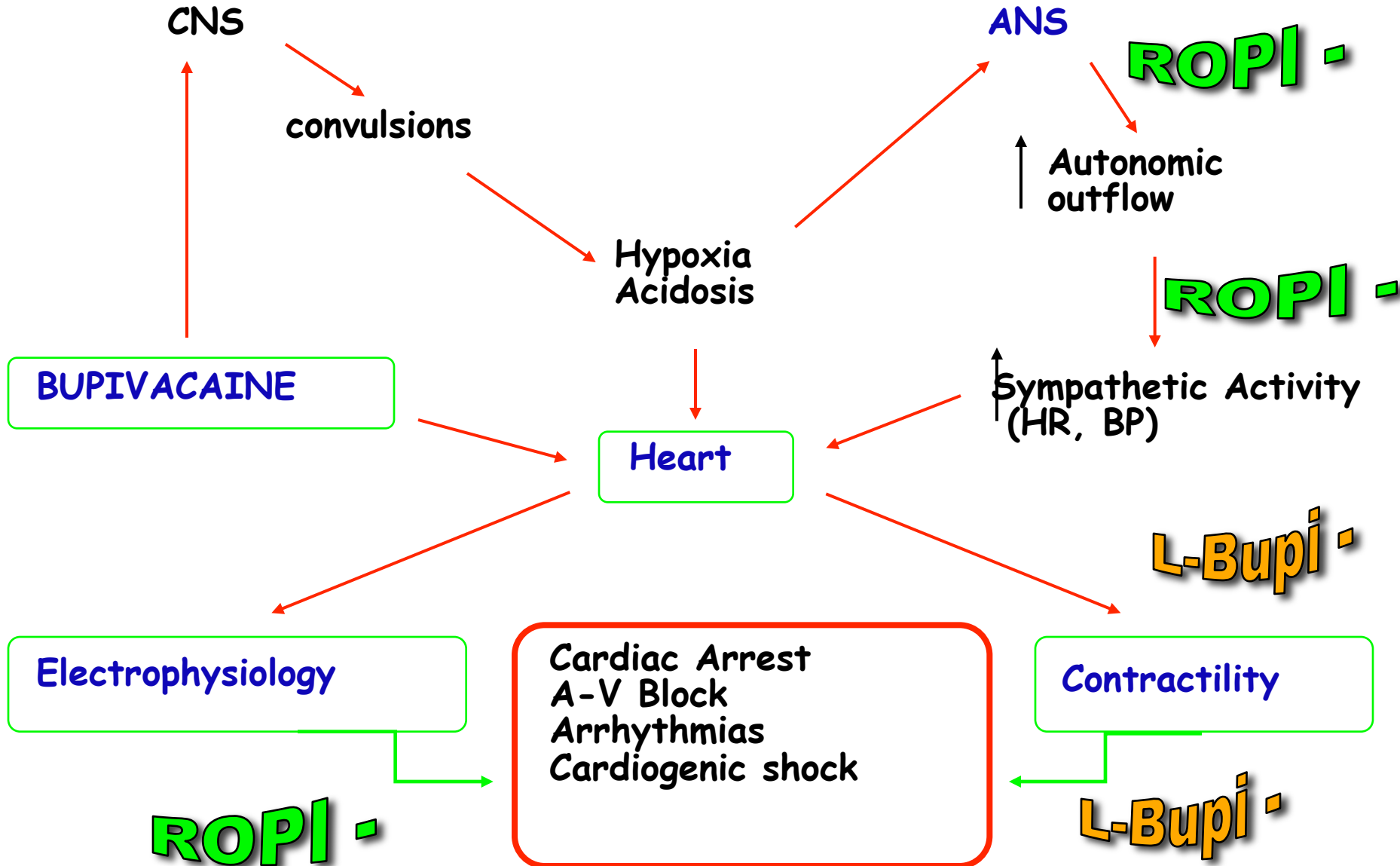
## Etudes animales en résumé ...

- Dose cumulative pour une symptomatologie identique :  
**Ropi > L-bupi > Bupi**
- Concentration plasmatique lors de l'arrêt circulatoire ou au moment de la récupération au cours de la réanimation :  
**Ropi > L-bupi ≈ Bupi**
- Fréquence des dysrythmies induites par l'adré :  
**Bupi > L-bupi > Ropi**
- Taux de succès de la réanimation après intoxication :  
**Ropi > L-bupi > Bupi**



# EFFETS CARDIAQUES DES A.L.

## En conclusion ...



# Echographie: Evite les complications?

<b>Complications</b>	<b>Neurostimulation (n=2507)</b>	<b>US guidage (n=5141)</b>	<b>P</b>
Toxicité locale	1,2 (0,25-3,5)	0,8 (0,2-2)	Ns
Ponction <b>vasculaire</b> accidentelle	13,9 (8,2-21,9)	5,1 (3-8,1)	P=0,001
<b>Paresthésie</b> accidentelle	10,8 (5,9-18,1)	20,5 (15,9-25,9)	Ns
<b>Déficit neurologique</b> retardé	0,8(0,1-2,9)	0,2(0,005-1,1)	Ns
Déficit neurologique <b>prolongé</b>	0,4 (0,01-2,2)	0,2(0,05-1,1)	Ns

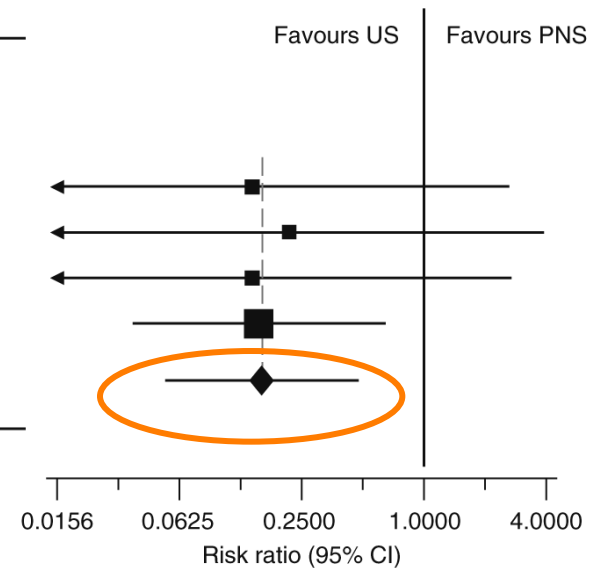
REGIONAL ANAESTHESIA

**Ultrasound guidance compared with electrical neurostimulation for peripheral nerve block: a systematic review and meta-analysis of randomized controlled trials**

M. S. Abrahams\*, M. F. Aziz, R. F. Fu and J.-L. Horn

**Complications**  
**Incidence des ponctions vasculaires accidentelles: US/NS**

	US group: number of punctures/ total number	PNS group: number of punctures/ total number	Risk ratio (95% CI)	% Weight
Marhofer, 1997	0/20	3/20	0.14 (0.008, 2.60)	15.2
Marhofer, 1998	0/20	4/40	0.22 (0.012, 3.84)	13.2
Liu, 2005	0/30	3/30	0.14 (0.008, 2.65)	15.2
Sauter, 2008	2/40	13/40	0.15 (0.037, 0.64)	56.4
<b>All studies combined</b> (test of heterogeneity: $Q=0.06$ , $I^2=0\%$ ; $df=3$ , $P=0.996$ )			<b>0.16 (0.05, 0.47)</b>	



# Incidence of Local Anesthetic Systemic Toxicity and Postoperative Neurologic Symptoms Associated With 12,668 Ultrasound-Guided Nerve Blocks

*An Analysis From a Prospective Clinical Registry*

*Brian Daniel Sites, MD, Andreas H. Taenzer, MS, MD, Michael D. Herrick, MD, Constance Gilloon, MD, John Antonakakis, MD, Janeen Richins, MD, and Michael L. Beach, MD, PhD*

The incidence of LAST was very low, at 0.08 per 1000,

## Ultrasound Guidance Reduces the Risk of Local Anesthetic Systemic Toxicity Following Peripheral Nerve Blockade

*Michael J. Barrington, PhD, MBBS, FANZCA and Roman Kluger, MBBS, FANZCA, PGDipBiostat*

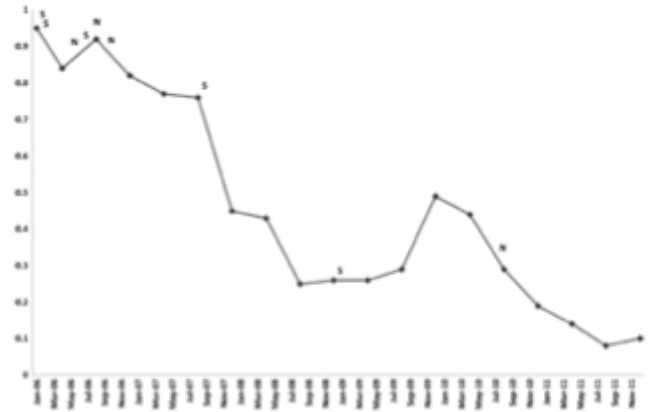
**TABLE 1.** Univariate Analysis of Potential Risk Factors for Local Anesthetic Systemic Toxicity

Categorical Variables		n (%)*	No. LAST Events	OR†	95% CI	P
Ultrasound	Yes	20,401 (81)	12	0.28	0.12–0.65	0.003
	No	4745 (19)	10	1.0		
	Total	25,146				
PNB category	Upper	7434 (29)	13	7.19	2.05–25.2	0.002
	Paravertebral	1657 (7)	6	14.9	3.73–59.7	<0.0005
	Lower limb	12,316 (49)	3	1.0		
	Trunk	3914 (15)	0			
	Total	25,321				
LA type	Ropivacaine	21,918 (87)	16	1.0		0.001
	Lidocaine	1799 (7)	6	4.58	1.79–11.7	
	Bupivacaine	982 (4)	0			
	L-Bupivacaine	453 (2)	0			
	Other	4 (0)	0			
	Total	25,156				

# Adverse Outcomes Associated With Nerve Stimulator-Guided and Ultrasound-Guided Peripheral Nerve Blocks by Supervised Trainees

## Update of a Single-Site Database

Steven L. Orebaugh, MD, Michael L. Kentor, MD, and Brian A. Williams, MD, MBA



**TABLE 4.** Frequency and Techniques of Peripheral Nerve Blocks With Complications, January 2006 to December 2011

	ISB	AxB	Fem	Sci	PFB	Total	Nerve Injury 6–12 mo: n (95% CI)	Nerve Injury >12 mo: n (95% CI)	Seizure: n (95% CI)
LM-PNS	1764	183	1854	1113	522	5436	4 (0.3–1.9)	3 (0.2–1.6)	6 (0.5–2.4)
US-PNS	4903	977	1537	1129	523	9069	1 (0.03–0.6)	0 (0.003–0.41)	0 (0.003–0.41)
Total	6667	1160	3391	2242	1045	14505	$P = 0.13$	$P = 0.10$	$P = 0.006$

95% CI indicates the 95% confidence interval, expressed per 1000 blocks; ISB, interscalene block, AxB, axillary brachial plexus block; Fem, femoral nerve block; n, the number of complications in each category; Sci, transgluteal or infragluteal sciatic nerve block; PFB, popliteal-sciatic nerve block.

## Successful Use of a 20% Lipid Emulsion to Resuscitate a Patient after a Presumed Bupivacaine-related Cardiac Arrest

Meg A. Rosenblatt, M.D.,\* Mark Abel, M.D.,† Gregory W. Fischer, M.D.,† Chad J. Itzkovich, M.D.,‡ James B. Eisenkraft, M.D.§

After 20 min, at which time plans were being made to institute cardiopulmonary bypass, the administration of a lipid emulsion was suggested, and 100 ml of 20% Intralipid (for Baxter Pharmaceuticals by Fresenius Kabi, Uppsala, Sweden) was given through the peripheral intravenous catheter. Cardiac compressions continued, and a defibrillation shock at 360 J was given. Within seconds, a single sinus beat appeared on the electrocardiogram, and 1 mg atropine and 1 mg epinephrine were administered. Within 15 s, while external chest compressions were continued, the cardiac rhythm returned to sinus at a rate of 90 beats/min. The blood pressure and pulse became detectable. An infusion of lipid emulsion was started and continued at  $0.5 \text{ ml} \cdot \text{kg}^{-1} \cdot \text{min}^{-1}$  over the following 2 h and then discontinued. The

◆ This article is accompanied by an Editorial View. Please see: Weinberg G: Lipid infusion resuscitation for local anesthetic toxicity: Proof of clinical efficacy. *ANESTHESIOLOGY* 2006; 105:7-8.

implantable cardiac defibrillator was inserted without any complications, and the patient was discharged home.

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**Hyperthermie**



**Arrêt cardiaque**



**Choc anaphylactique**



**Toxicité aux AI**



**Réactualisation des propositions du GIHP  
pour la gestion périopératoire des patients sous AOD pour un acte programmé**



#### **ADMINISTRATION D'UNE EMULSION LIPIDIQUES A 20%**

- La solution la plus utilisée dans les cas cliniques rapportés dans la littérature est l'INTRALIPIDES® 20%. La solution MEDIALIPIDES® 20% a également été rapportée efficace. L'efficacité d'autres solutions lipidiques n'a pas été rapportée.
- DOSE INITIALE :
  - **La dose d'INTRALIPIDES® 20% : 3 ml.kg<sup>-1</sup> en bolus**
  - La dose de MEDIALIPIDES® 20% doit être supérieure (6 à 9 ml.kg<sup>-1</sup>)
- DOSES D'ENTRETIEN
  - Une perfusion continue d'entretien n'est pas indispensable
  - Dans quelques cas cliniques, le reste de la poche d'émulsion lipidique était perfusé

#### **SURVEILLANCE DU PATIENT**

- Il est possible de prélever du sang périphérique pour le dosage sanguin de(s) l'anesthésique(s) local(ux).
- Une **SURVEILLANCE DU RYTHME CARDIAQUE ET DE L'HEMODYNAMIQUE** du patient est **IMPERATIVE** (risque de récurrence du trouble du rythme cardiaque important):
  - La durée de surveillance dépend de l'anesthésique local responsable de la toxicité
  - Un minimum de 6 HEURES DE SURVEILLANCE rythmique est recommandé

**IL EST FORTEMENT RECOMMANDE DE DISPOSER D'AU MOINS UNE POCHES DE 500 ML D'UNE EMULSION LIPIDIQUE DANS LE BLOC OPERATOIRE OU SONT PRATIQUEES LES TECHNIQUES D'ANESTHESIE LOCOREGIONALE.**





# Checklist for Treatment of Local Anesthetic Systemic Toxicity

## The Pharmacologic Treatment of Local Anesthetic Systemic Toxicity (LAST) is Different from Other Cardiac Arrest Scenarios

- Get Help**
- Initial Focus**
  - Airway management:** ventilate with 100% oxygen
  - Seizures uppression:** benzodiazepines are preferred; **AVOID propofol** in patients having signs of cardiovascular instability
  - Alert** the nearest facility having **cardiopulmonary bypass** capability
- Management of Cardiac Arrhythmias**
  - Basic and Advanced Cardiac Life Support (ACLS)** will require adjustment of medications and perhaps prolonged effort
  - AVOID vasopressin, calcium channel blockers, beta blockers, or local anesthetic**
  - REDUCE individual epinephrine doses to <1 mcg/kg**
- Lipid Emulsion (20%) Therapy** (values in parenthesis are for 70kg patient)
  - Bolus 1.5 mL/kg** (lean body mass) intravenously over 1 minute (~100mL)
  - Continuous infusion 0.25 mL/kg/min** (~18 mL/min; adjust by roller clamp)
  - Repeat bolus once or twice for persistent cardiovascular collapse
  - Double the infusion rate to 0.5 mL/kg/min if blood pressure remains low
  - Continue infusion** for at least 10 minutes after attaining circulatory stability
  - Recommended upper limit: Approximately 10 mL/kg lipid emulsion over the first 30 minutes
- Post LAST events** at [www.lipidrescue.org](http://www.lipidrescue.org) and report use of lipid to [www.lipidregistry.org](http://www.lipidregistry.org)

# Protoc

PARAMETRES	Traitement par ELI (Intralipid® 20%) publié sur le site de la SFAR [45]	Traitement par ELI (Intralipid® 20%) publié sur le site de l'ASRA [4]
DOSE INITIALE	Bolus initial de 3 ml/kg IV	Bolus initial de 1,5 ml/kg IV en 1 minute
PERFUSION CONTINUE	Une perfusion continue d'entretien n'est pas indispensable	Perfusion continue de 0,25 ml/kg/min, possible jusqu'à 0,5 ml/kg/min en cas de collapsus
REPETITION DU BOLUS	-	Répéter le bolus une ou deux fois en cas de collapsus cardiovasculaire persistant
DURÉE	-	Perfusion continue au moins 10 min après le retour à un équilibre hémodynamique satisfaisant
DOSE MAXIMALE	-	Eviter de dépasser la dose maximale de 10ml/kg au cours des 30 premières minutes
DURÉE DE SURVEILLANCE	Un minimum de 6 heures de surveillance rythmique est recommandé	Surveillance prolongée supérieure à 12 heures, justifiée par un risque de récidive à l'arrêt de l'ELI

# LipidRescue™ Resuscitation

*... for drug toxicity*

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[An important request for  
all LipidRescuers](#)

## Post Your Cases

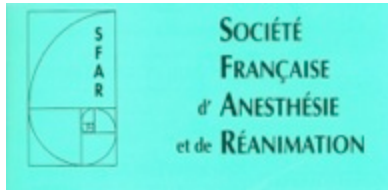
Please tell us about your clinical experiences with LipidRescue. Though this site was originally intended as a forum for local anesthetic toxicity, the focus has broadened to include all examples of drug-induced or toxin-related cardiac toxicity. If you've had such a case -whether or not lipid was used - we would like to hear from you and open it up for discussion. ALSO NOTE: WE ARE ALSO INTERESTED IN HEARING ABOUT FAILED RESUSCITATIONS WHETHER INVOLVING LIPID OR NOT. Please click on the "CreateNew Post" button to give us the details; however, be mindful of HIPAA regulations and make certain all aspects of the case are appropriately de-identified with respect to the patient and the institution. Thanks

Topic	Replies	Updated
 <a href="#">LA allergy and ?LA toxicity</a> by <a href="#">J Kua</a>	0	August 12, 2013
 <a href="#">DR</a>		June 07

## Just Published.....

[A Comprehensive Review  
of Lipid Resuscitation](#)

# Les recommandations des sociétés savantes



- **2003:** Recommandations pour la Pratique Clinique " Les blocs périphériques des membres chez l'adulte "



- **2010 SFAR** Echographie et ALR

*Reg Anesth Pain Med 2008;33:404-415.*



▽ ASRA Practice Advisory on Neurologic Complications

**ASRA Practice Advisory on Neurologic Complications in Regional Anesthesia and Pain Medicine**

**Il est probablement recommandé de réaliser un bloc échoguidé chez un patient éveillé, calme et coopérant.**

Toutefois, dans des situations où le rapport bénéfices-risques est favorable et justifié, il est possible de réaliser un bloc chez un patient sous anesthésie (générale ou régionale) ou sédation.

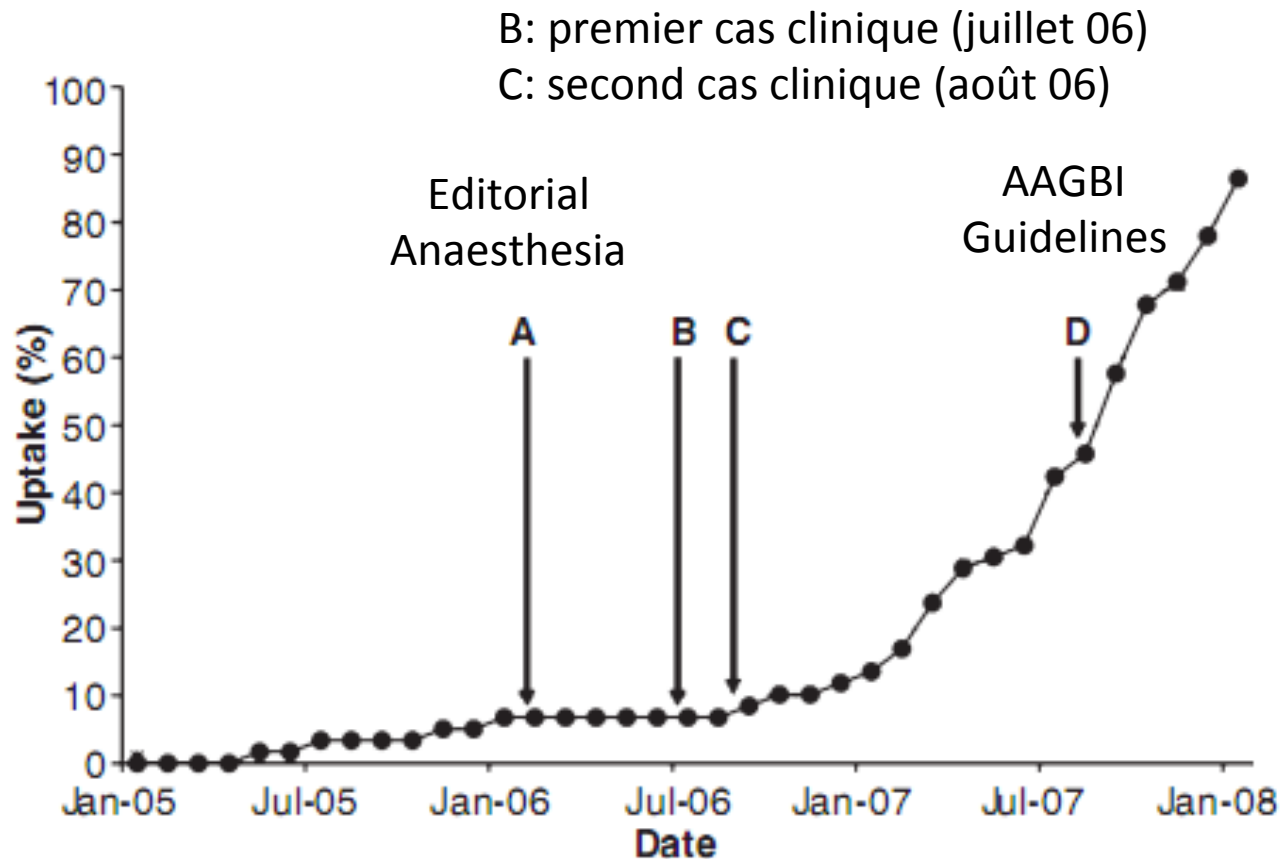
**Dans ce cas, l'échoguidage apporte probablement une sécurité supplémentaire**

# Local Anesthetic-Induced Cardiac Toxicity: A Survey of Contemporary Practice Strategies Among Academic Anesthesiology Departments

- Les stratégies mises en route en cas d'arrêt cardio-respiratoire :
  - Intérêt d'un massage cardio-respiratoire prolongé (>45 min) ;
  - Médicaments d'urgence stockés dans un lieu identifié et rapidement accessibles (<10 min) dans la majorité des cas ;
  - En cas de toxicité liée à la bupivacaïne, les centres « haut volume » paraissent plus convaincus de l'intérêt des émulsions lipidiques et peuvent en disposer rapidement ;
  - En cas d'échec de la réanimation pharmacologique, 59% des médecins ayant répondu n'ont pas de protocole établi pour la mise en place d'un support cardio-pulmonaire mécanique (CEC, ballon de contre-pulsion intra-aortique ou ECMO), ce tout centre confondu.

VITE!!!

# « Lipid Rescue » therapy: Adoption d'un kit dans les endroits sensibles

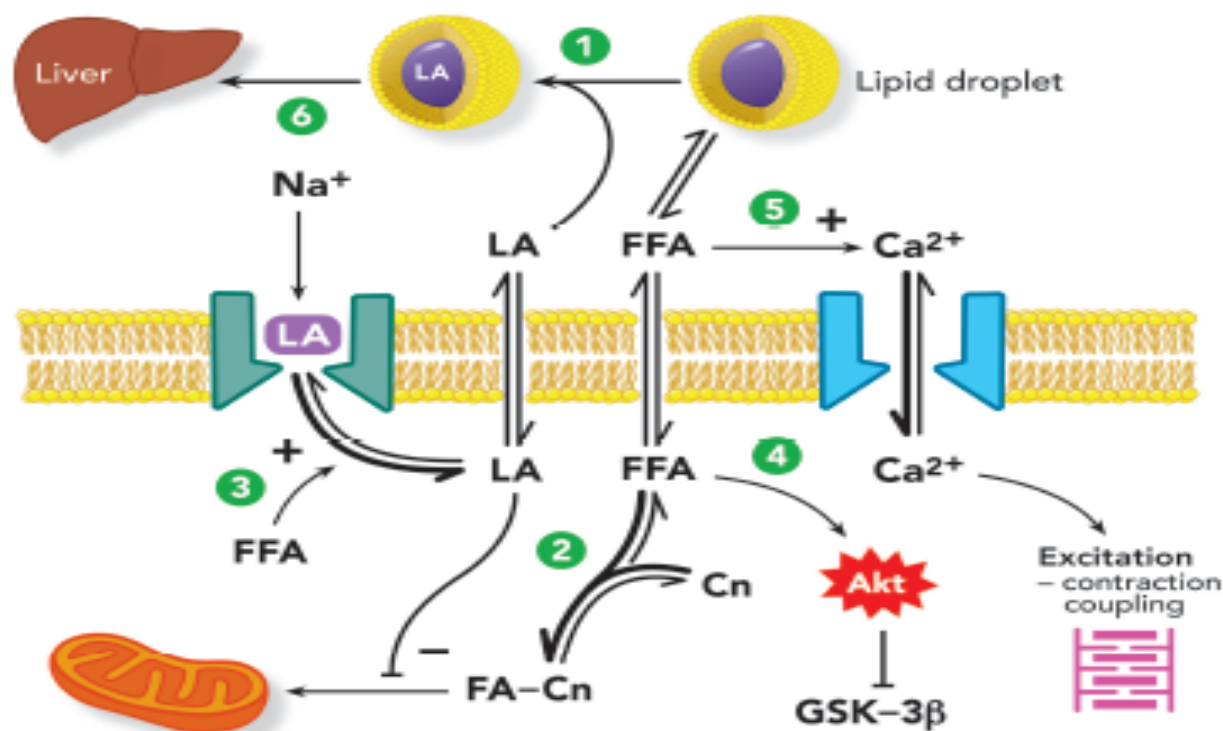


# Lipid Emulsion Infusion

## Resuscitation for Local Anesthetic and Other Drug Overdose

Guy L. Weinberg, M.D.\*

Anesthesiology 2012; 117:180-7

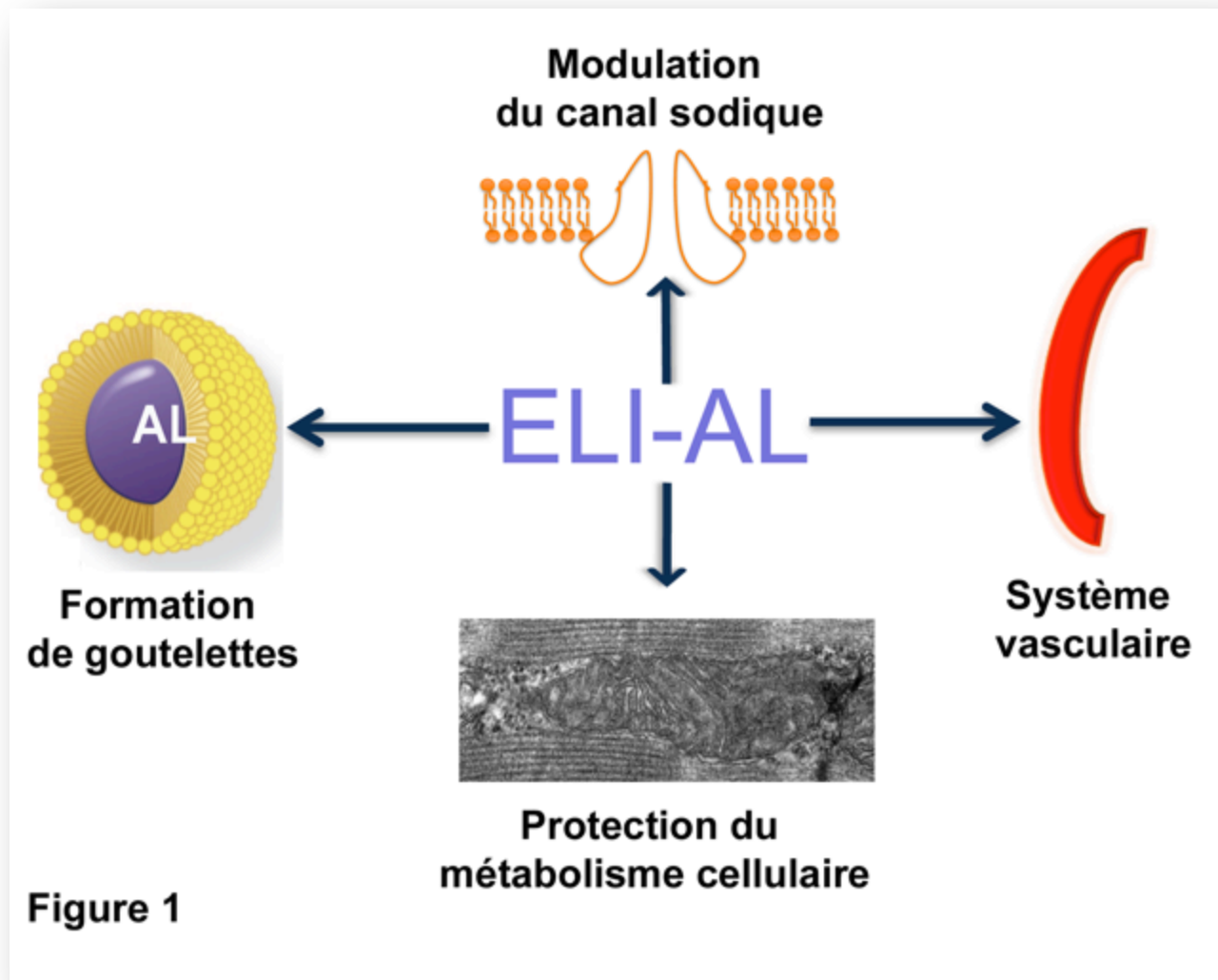


**Fig. 1.** Proposed mechanisms of lipid resuscitation. After infusion, the lipid emulsion exists in the blood as emulsified oil droplets or multilamellar vesicles. (1) Capture of local anesthetic (lipid sink); (2) Increased fatty acid uptake by mitochondria (metabolic effect); (3) Interference with local anesthetic binding of sodium channels (membrane effect); (4) Activation of Akt cascade leading to inhibition of GSK-3 $\beta$  (cytoprotection); (5) Promotion of calcium entry via voltage-dependent calcium channels (inotropic/ inotropic; can also involve mitochondrial calcium dynamics); (6) Accelerated shunting (pharmacokinetic effects). Akt = a serine/threonine protein kinase important in cell survival, proliferation, and migration, also called protein kinase B; Ca<sup>2+</sup> = calcium ion; Cn = carnitine; FA-Cn: fatty acyl carnitine; FFA = free fatty acids; GSK-3 $\beta$  = glycogen synthase kinase (phosphorylates and thereby inhibits glycogen synthase; inhibition of GSK-3 $\beta$  has been implicated in preventing myocardial ischemia-reperfusion injury); LA = local anesthetic; Na<sup>+</sup> = sodium ion.

# *Intravenous lipid emulsion and local anesthetic-induced systemic toxicity: Mechanisms and limits*

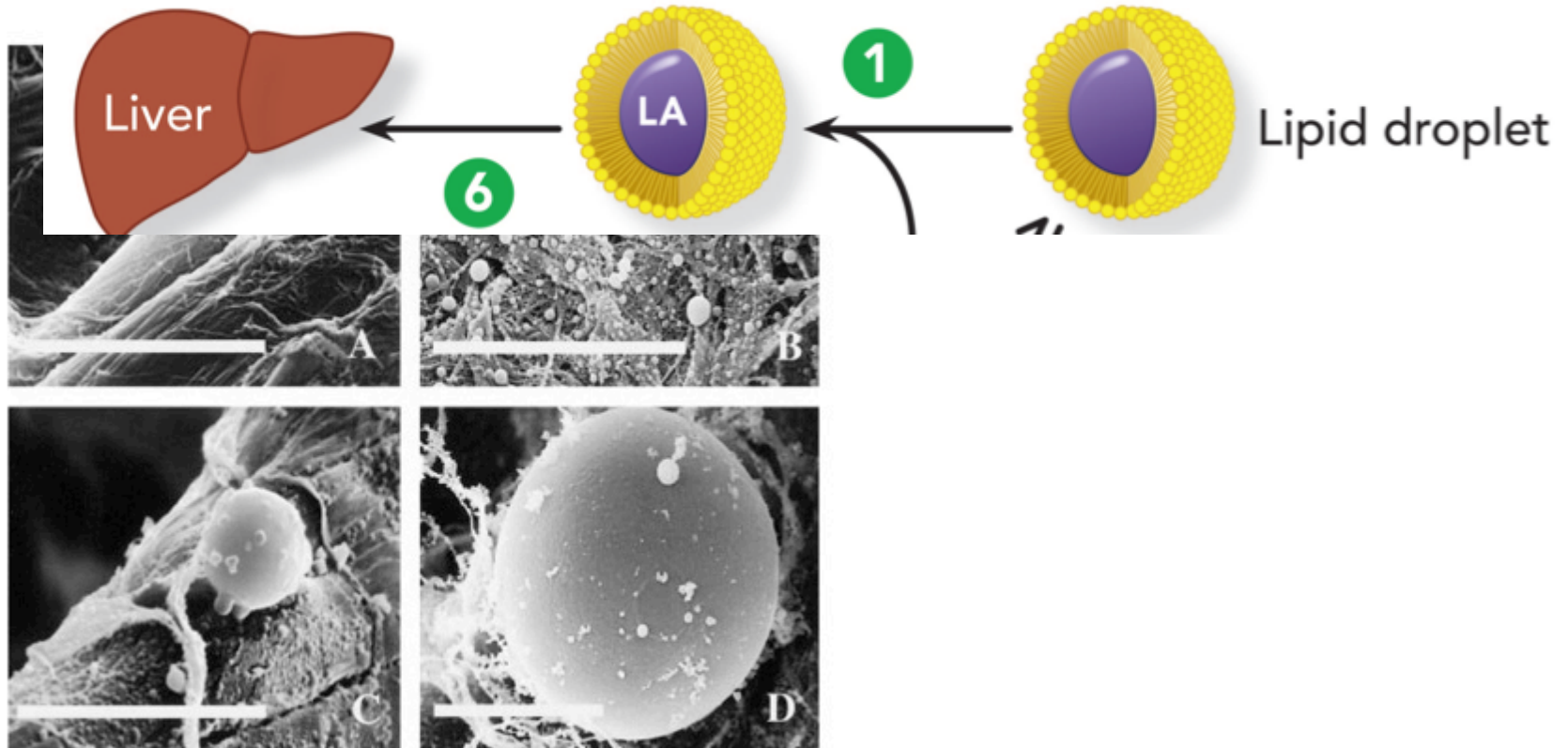
K. Nouette-Gaulain<sup>a,b,\*</sup>, X. Capdevila<sup>c,d</sup>, F. Robin<sup>a</sup>, H. Beloeil<sup>d</sup>

Annales Françaises d'Anesthésie et de Réanimation 33 (2014) 411–417





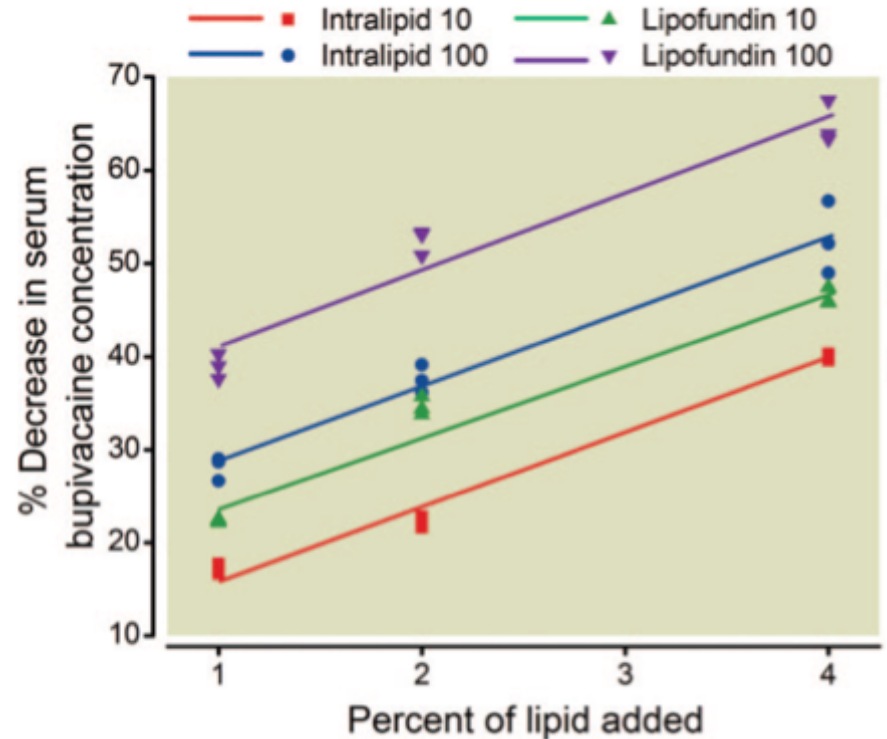
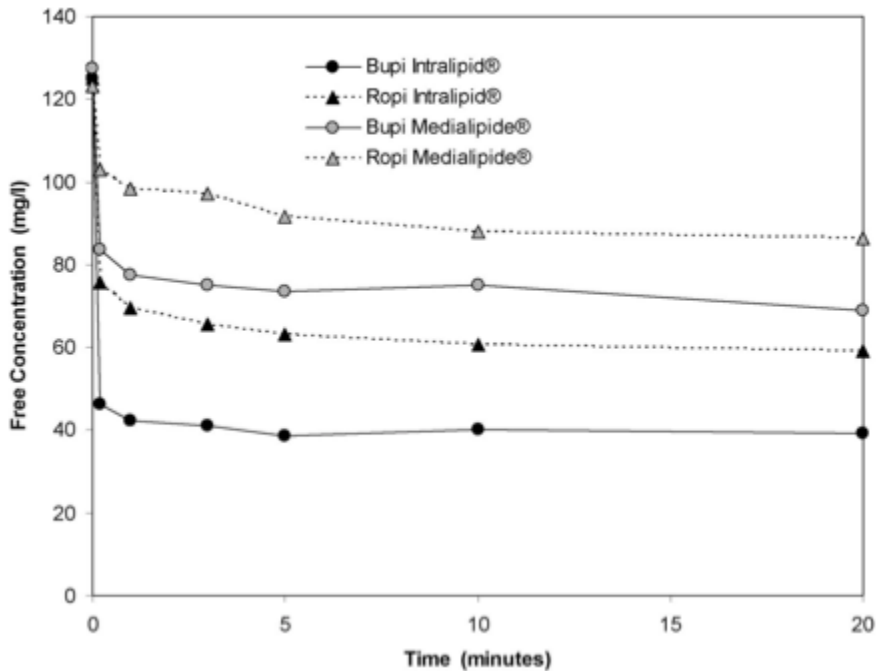
# La théorie du « Lipid Sink »



**Figure 2.** Scanning electron microscopy (SEM) micrographs of control background (panel A, 7500×), 1% propofol alone (panel B, 7500×), and oil droplets at 30 min (panel C, 7500×) and 24 h (panel D, 5000×) after the addition of lidocaine 40 mg to 20 mL of 1% propofol. The white line in each figure indicates 10 μm.

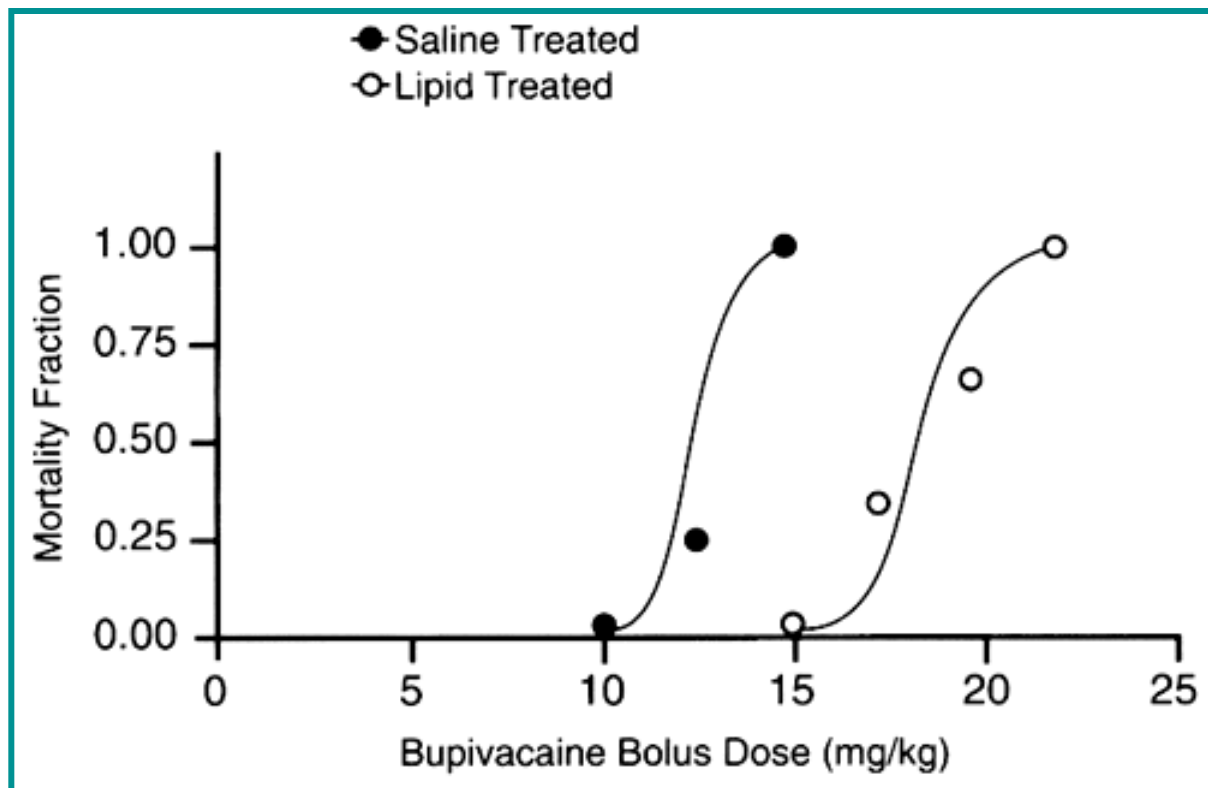
# Quels Triglycérides:

Chaînes longues exclusives ou associées aux chaînes intermédiaires?



# Pretreatment or Resuscitation with a Lipid Infusion shifts the Dose-Response to Bupivacaïne-induced Asystole in Rats

*Dose Toxique d'AL plus élevée dans le groupe Intralipid*



Rats : AG avec Isoflurane

IV de Bupivacaïne

2 groupes:

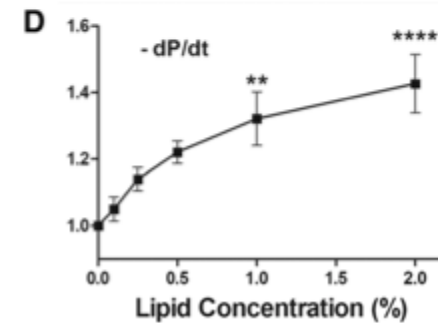
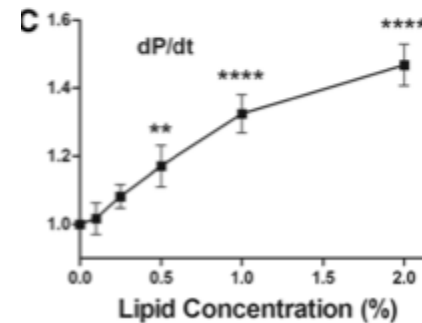
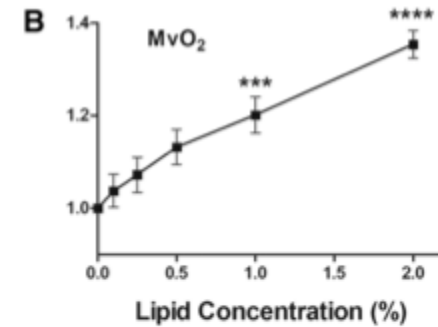
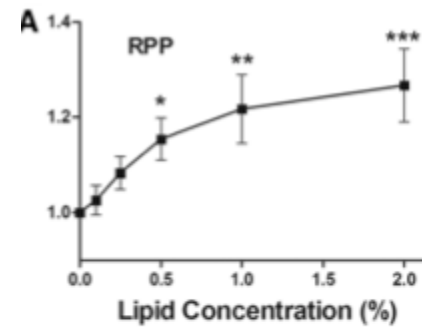
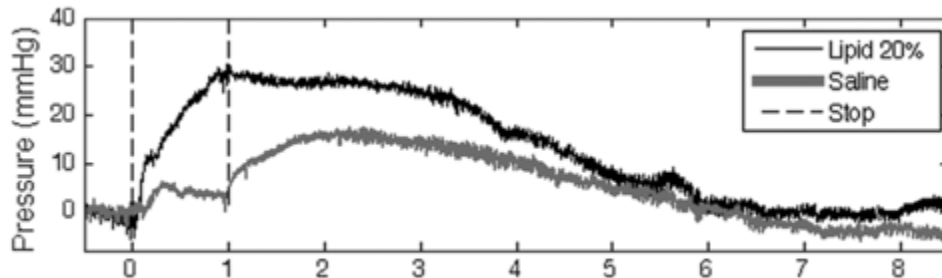
- Sérum Salé
- Intralipid

# ELI et Paramètres Hémodynamiques

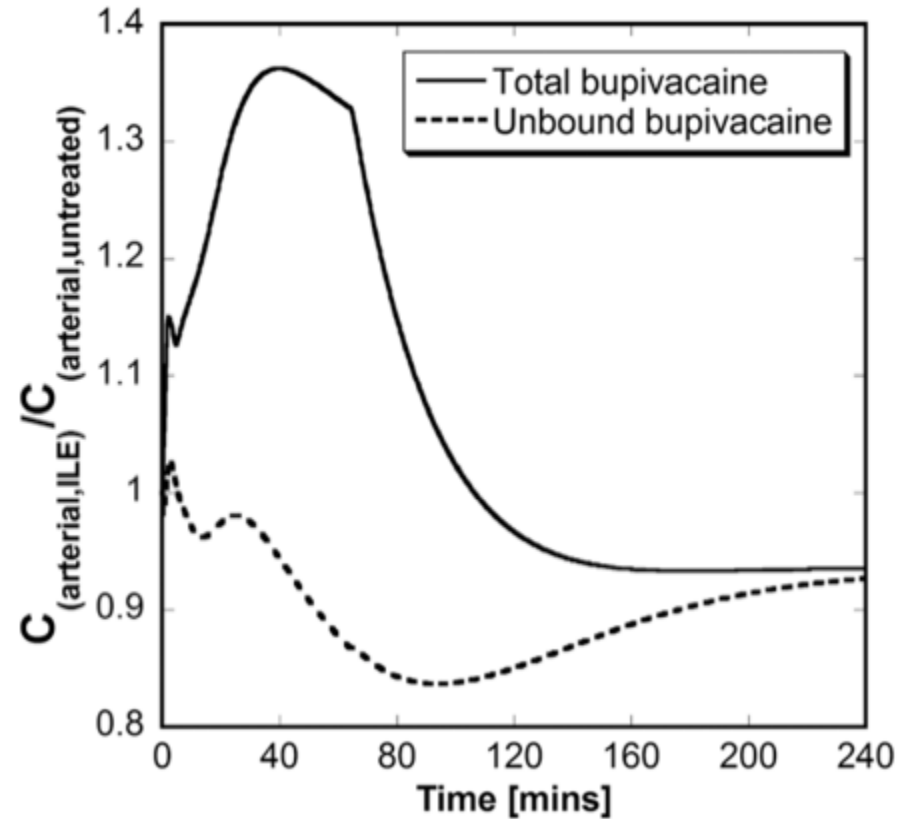
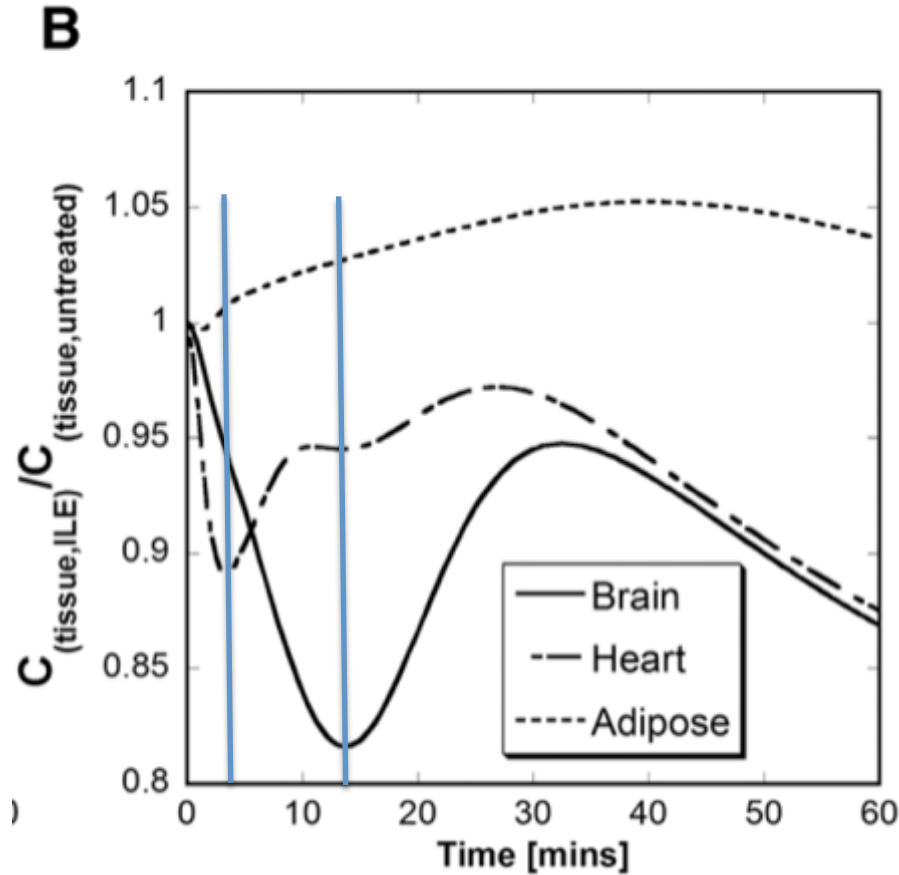
*Effet cardiotonique des ELI*

*Sur Cœur Isolé*

*Sur Rat in vivo*



# Simulation PK d'une administration d'ELI

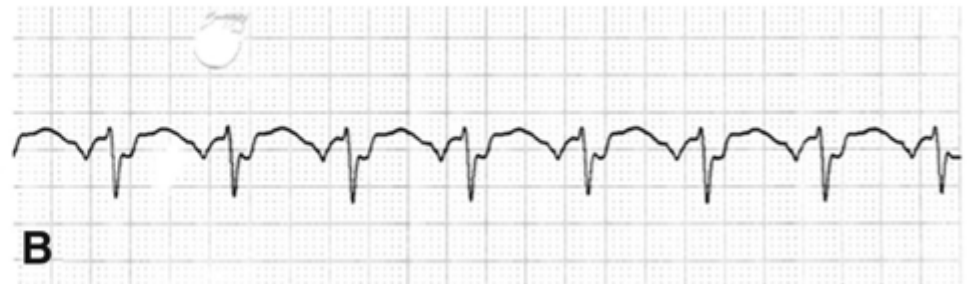
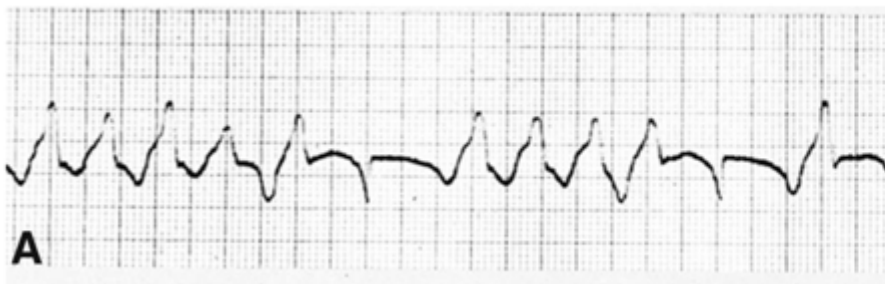


# ELI et Cardiotoxicité des AL

Enfant de 13 ans  
Bloc plexus lombaire  
Abord postérieur

**15 min après injection initiale**  
**Lidocaïne adrénalinée 100mg**  
**Ropivacaïne 75 mg**

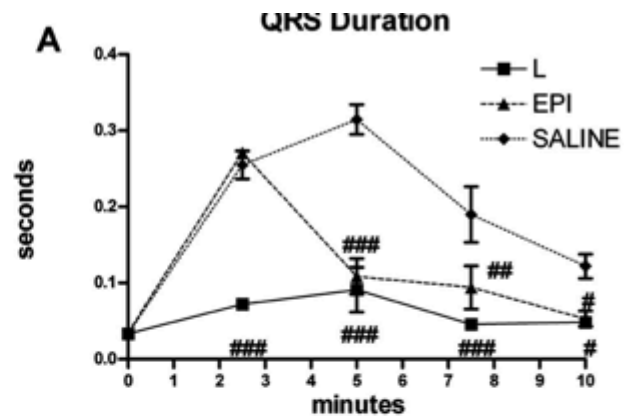
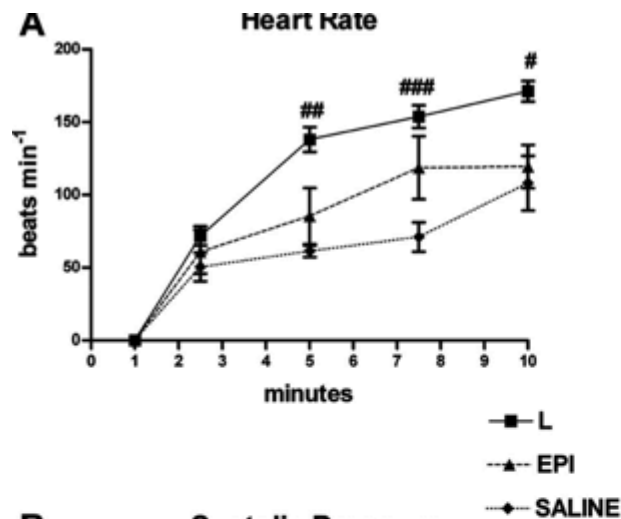
**2 min après l'injection**  
**de 3ml/kg de Médialipid 20%**



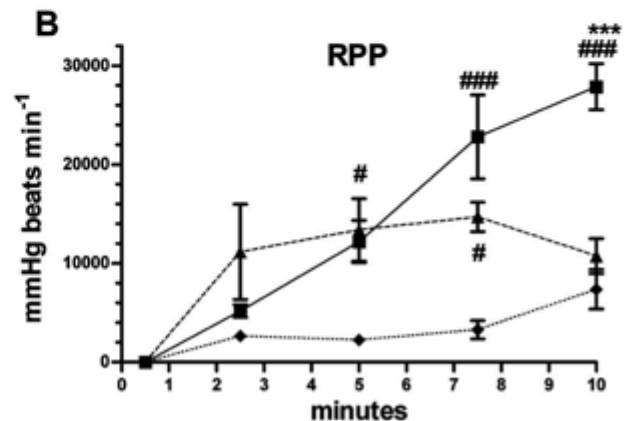
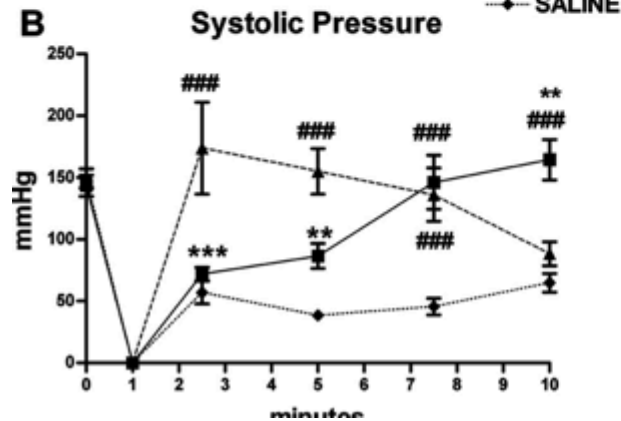
## Resuscitation with Lipid versus Epinephrine in a Rat Model of Bupivacaine Overdose

Guy L. Weinberg, M.D.,\* Guido Di Gregorio, M.D.,† Richard Ripper, C.V.T.,‡ Kemba Kelly, M.S.,‡ Malek Massad, M.D.,§ Lucas Edelman, B.S.,|| David Schwartz, M.D.,# Nirali Shah, B.S.,|| Sophie Zheng, B.S.,|| Douglas L. Feinstein, Ph.D.\*\*

### Eviter les Concentrations élevées d'Adrénaline

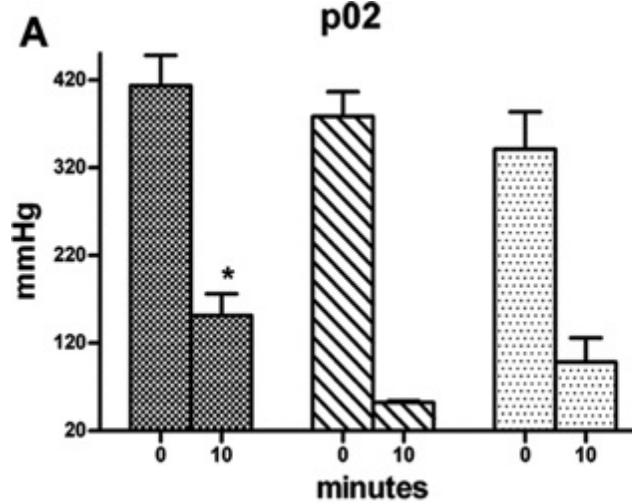
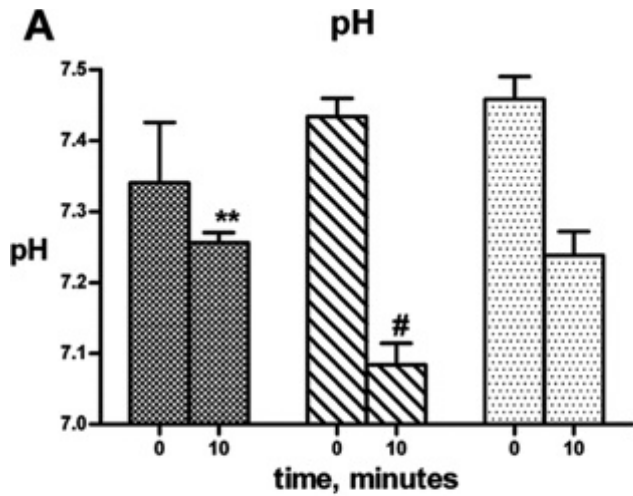


30mcg/kg

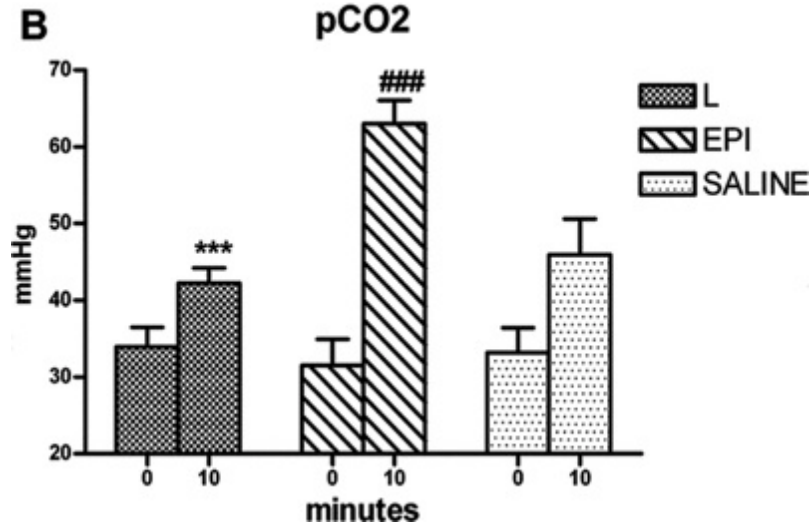
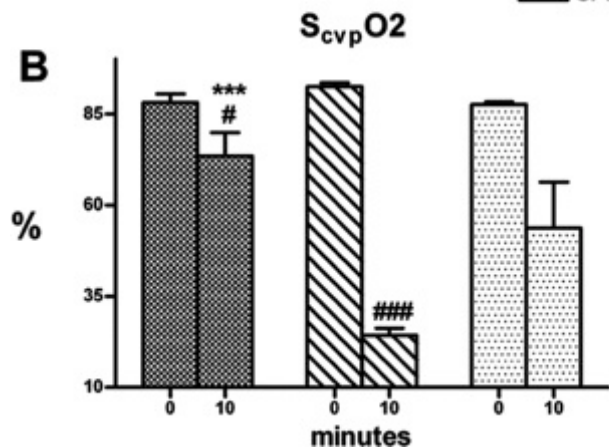


# Intoxication aux Anesthésiques locaux

Lipides vs adrénaline vs salé : Etude animale (rats) 20 mg/kg bupivacaine bolus



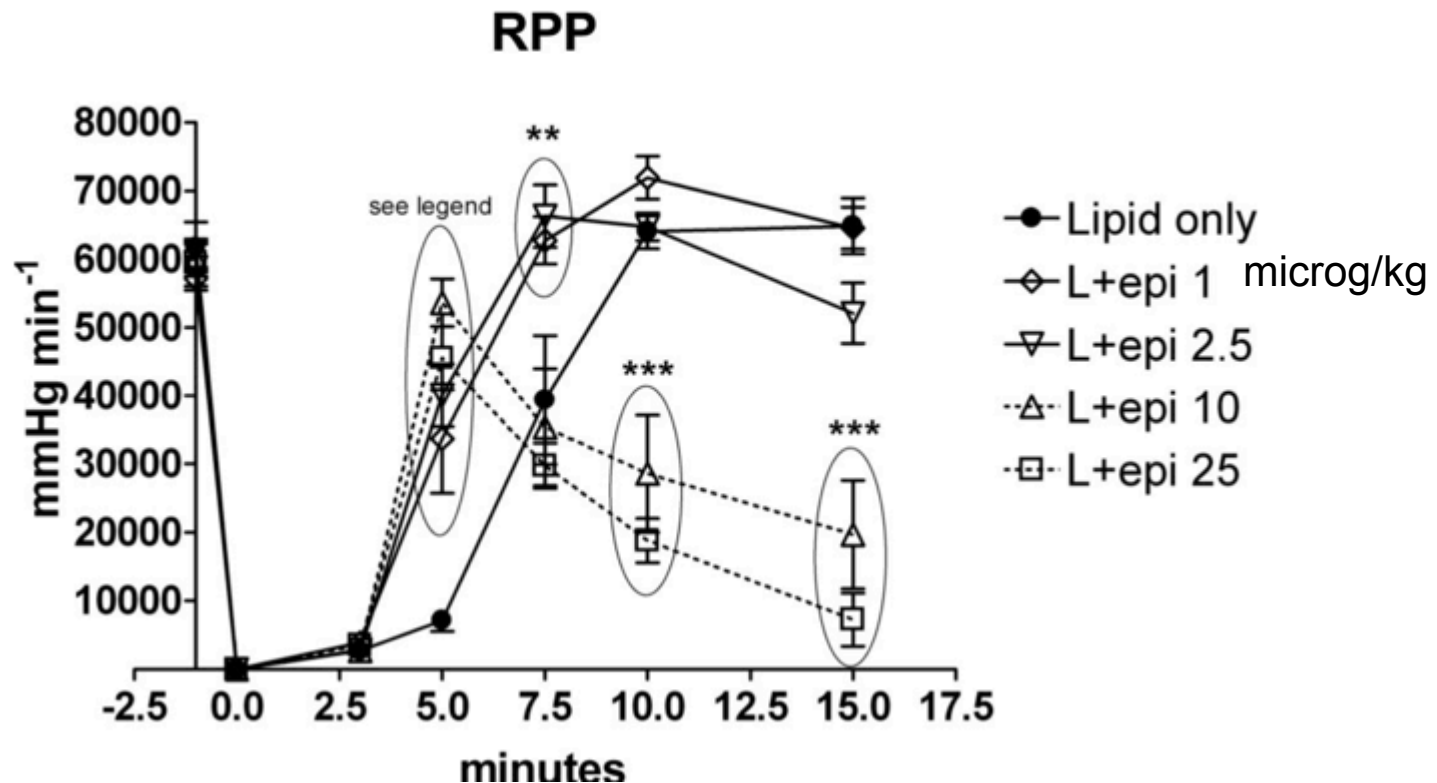
\* Vs epi  
# Vs salé



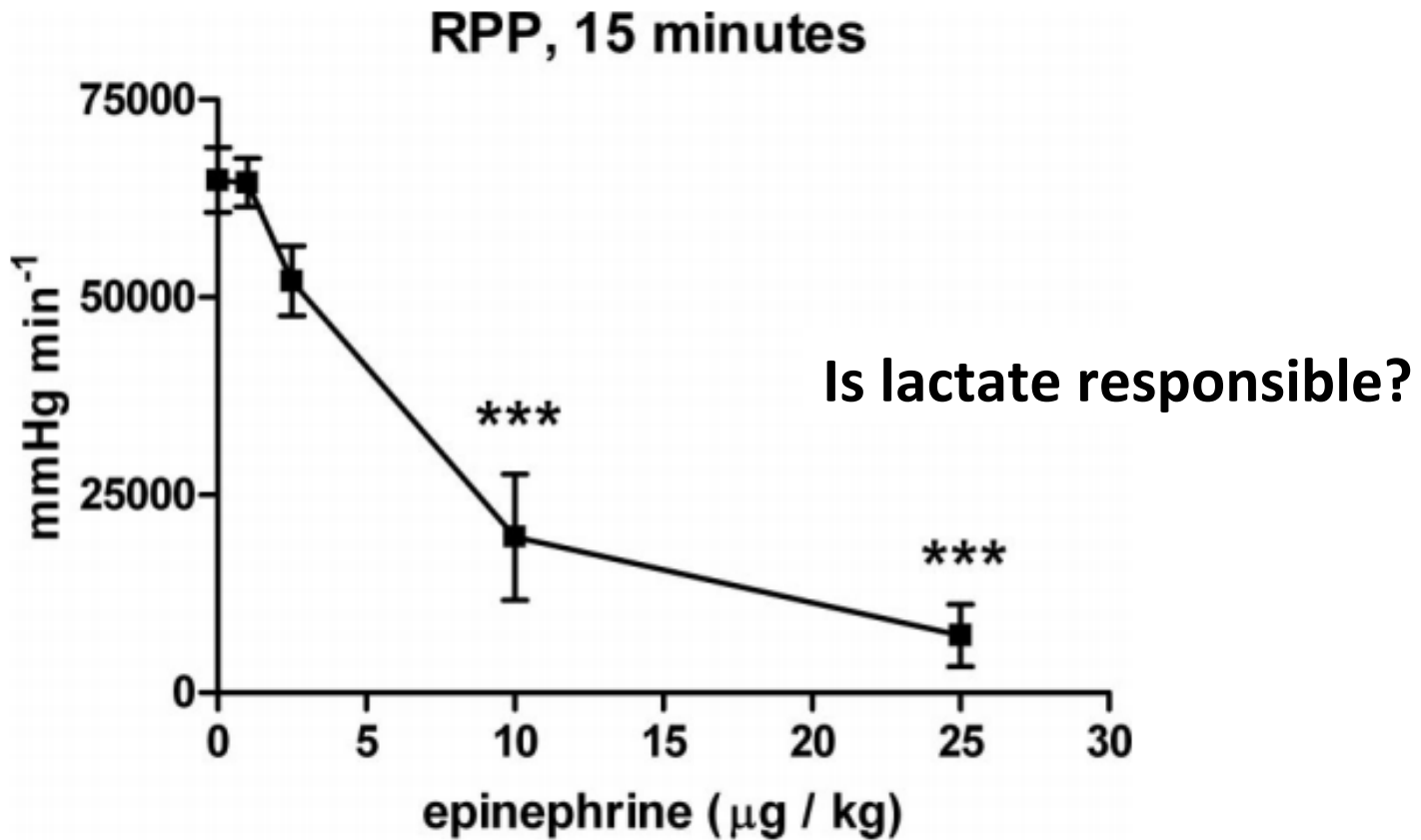


# Interactions Adrénaline - ELI

*Eviter les Concentrations élevées d'Adrénaline*

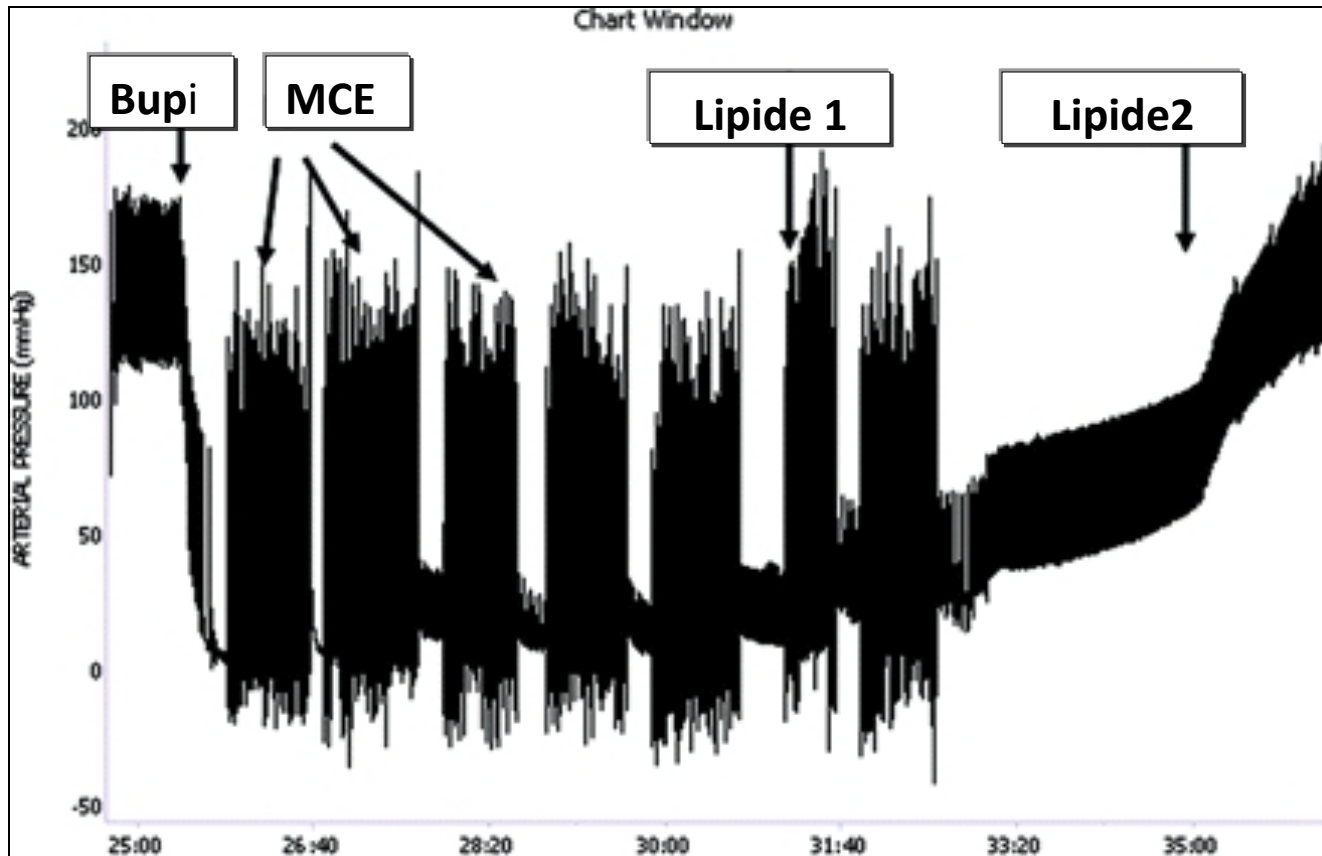


# Epinephrine impairs lipid resuscitation from bupivacaine overdose: a threshold effect



## Intoxication aux Anesthésiques locaux

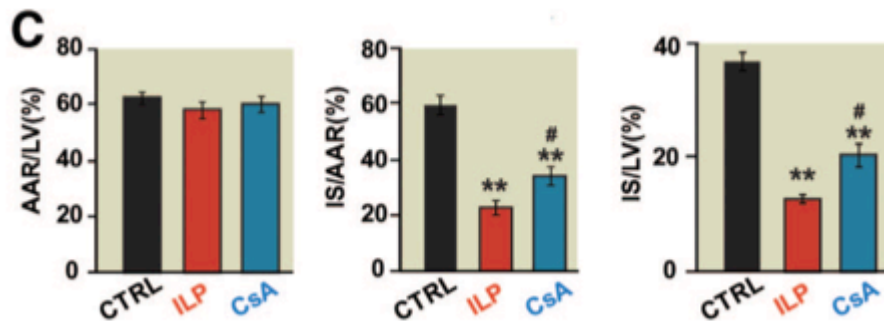
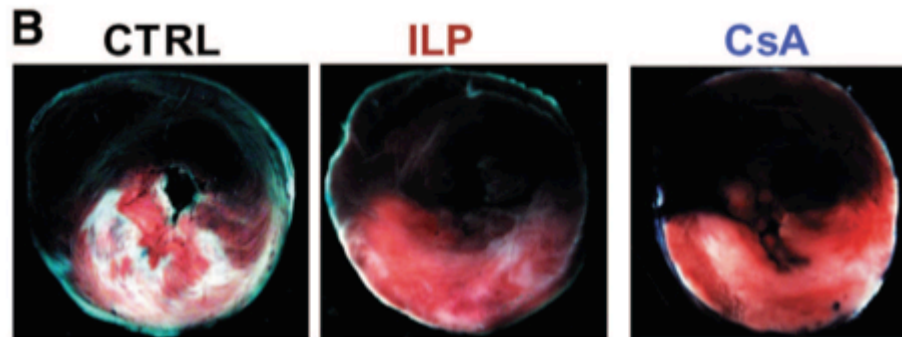
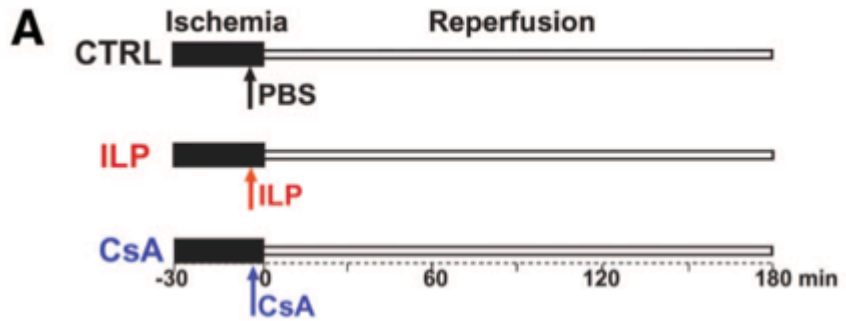
Les lipides n'agissent pas seuls : La réanimation doit être poursuivie



**Figure 1.** Hemodynamic response to lipid infusion. The arterial pressure trace of a rat is shown over approximately 12 min. B, IV injection of 20 mg/kg bupivacaine over 20 s. R, resuscitation by closed chest compression. L, infusion of 30% soybean oil emulsion, 5 mL/kg, over 10 s. Recovery of hemodynamic profile occurs after second lipid bolus, L2.

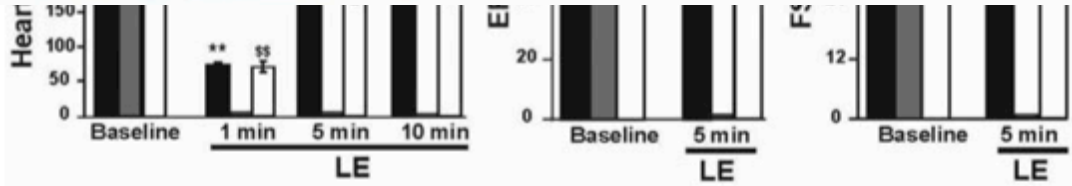
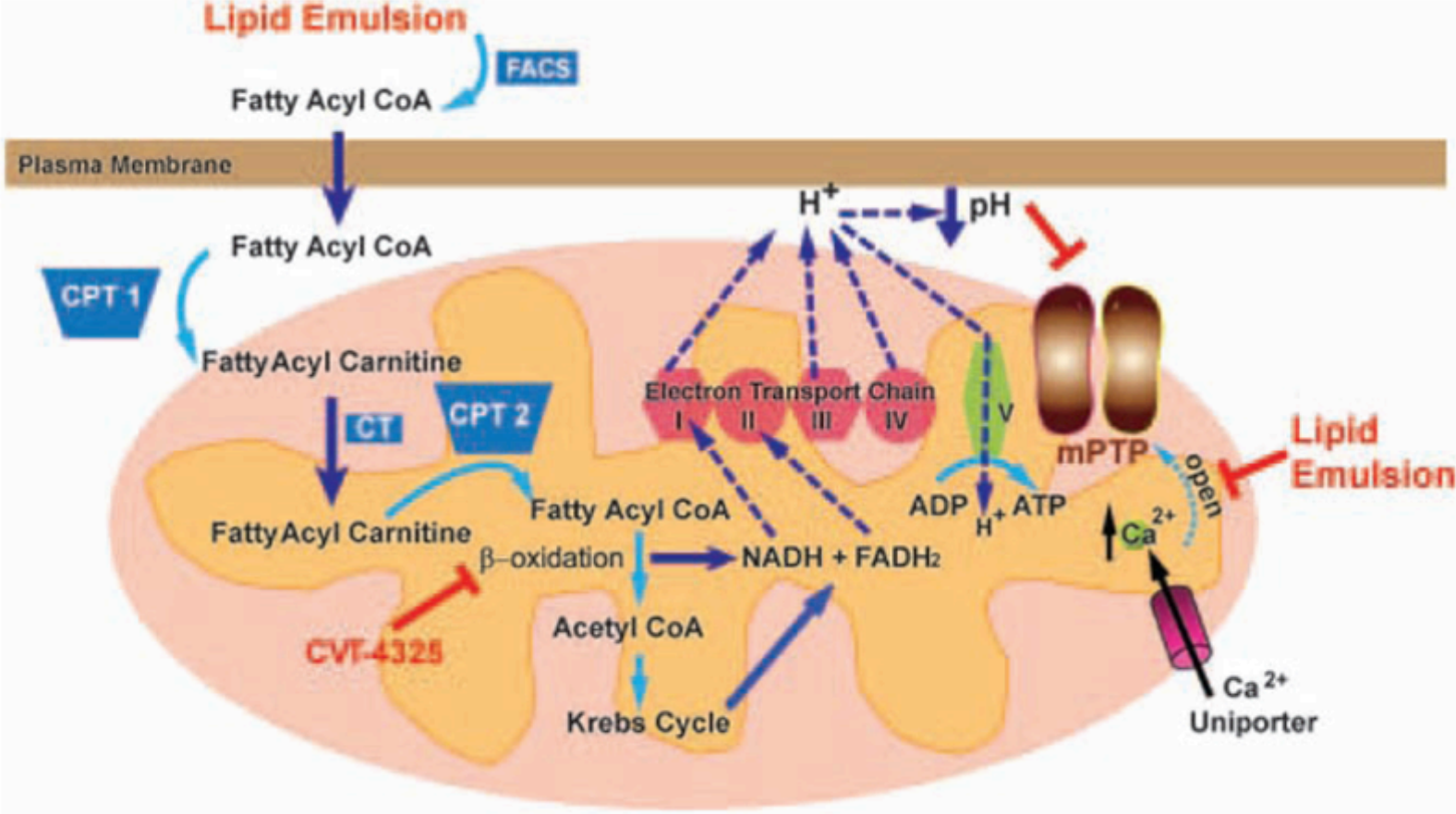
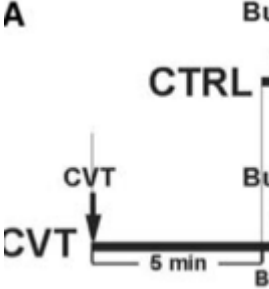
« Given the evidence of benefit, and the lack of apparent risk, it seems prudent to stock lipid emulsions in settings where overdoses are treated (...) to avoid wasting precious time at a critical moment in patient care. Future case reports and animal studies will help to evaluate the timing, dose, and clinical utility of lipid resuscitation »

# ELI et lésions d'Ischémie Reperfusion



*Intralipid is more effective than cyclosporine-A in reducing myocardial infarct size and improving cardiac functional recovery after ischemia-reperfusion*

# Rôle du Métabolisme Lipidique



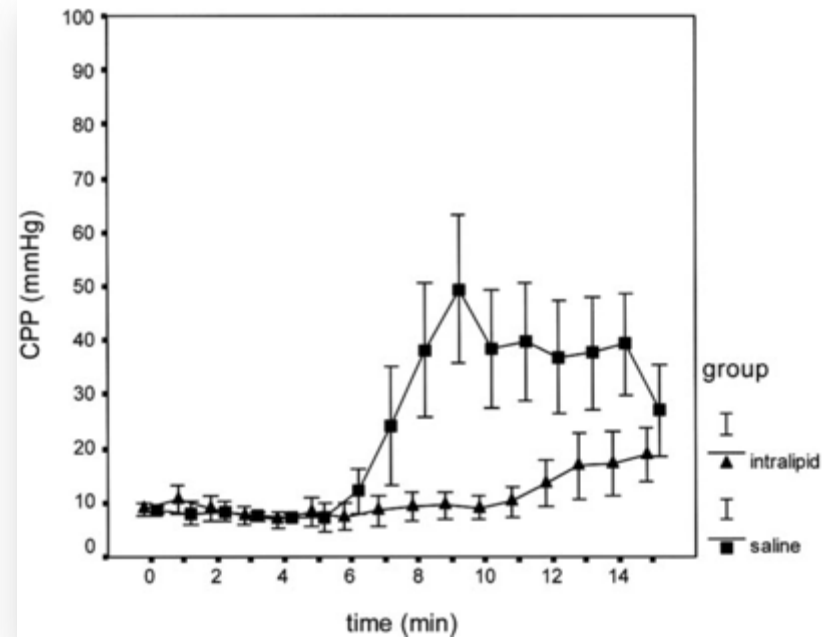
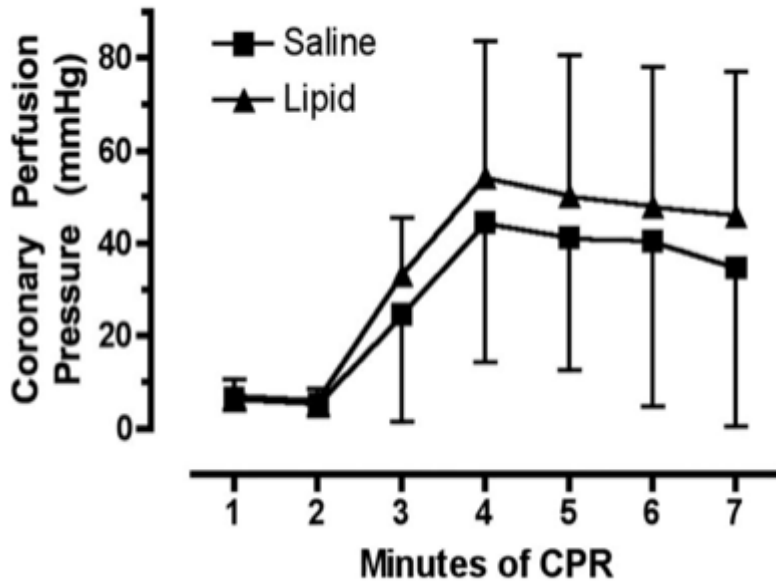
# Les échecs des ELI

*Acidose Sévère (pH=7,25)*

*Hypoxie Sévère*

*ELI 5 min après ACR*

*ELI 2 min après ACR Hypoxique*

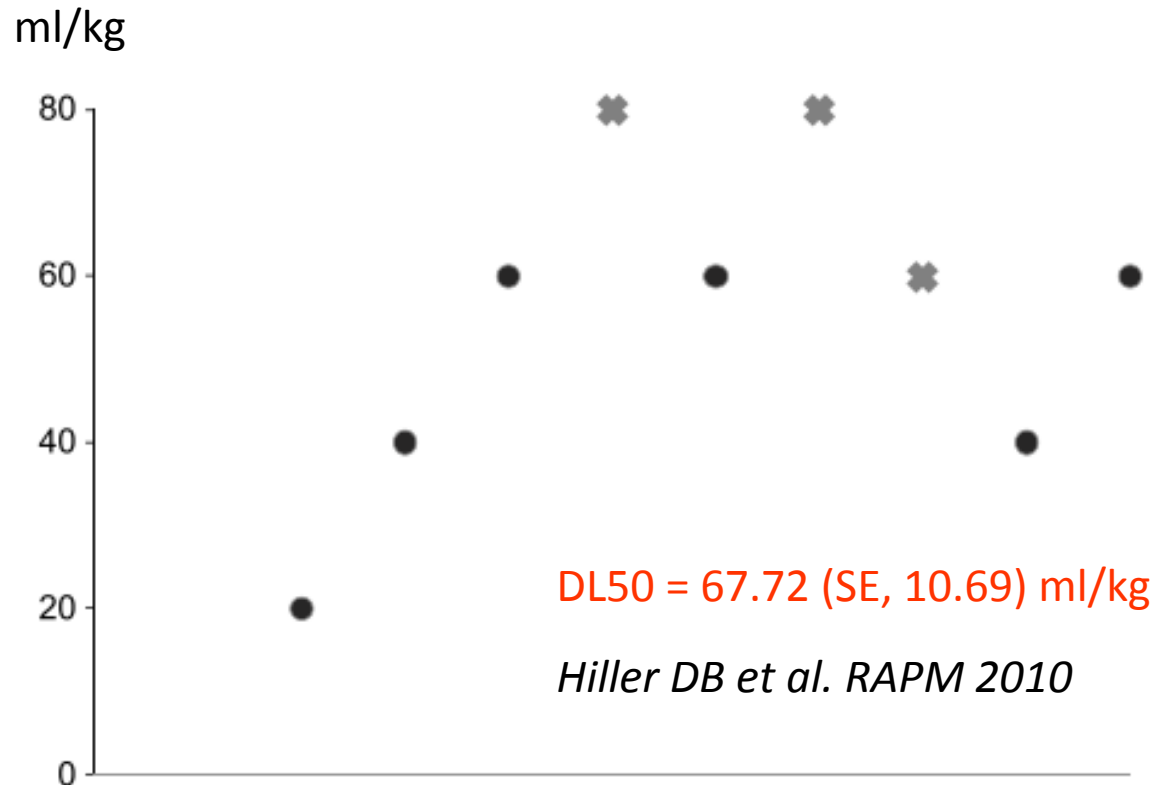


# Risques liés aux ELI

*il est justifié de ne pas dépasser la dose maximale de 10ml/kg au cours des 30 premières minutes*

- Adrénaline et ELI
  - majorer la vasoconstriction et de l'hyperlactatémie
- ELI et surdosage en Cordarone
  - Coloration cutanée rouge
- Dosages Biologiques
  - élévation des triglycérides durant 48H
  - élévation de l'amylase et des ASAT
- Lésions histologiques
  - **Poumons**
    - infiltration de neutrophiles et microhémorragies intra-alvéolaires
  - **Foie**
    - stéatose micro vasculaire

# Safety of high volume lipid emulsion infusion in rats



- ✱ Animaux morts dans les 48 h après l'injection
- Animaux vivants dans les 48 h après l'injection



# les preuves dans la littératures sont fortes et il est impensable de ne pas le faire

- Des cas cliniques
- Des expérimentations sur rats, cochons et chiens
- Des recommandations de sociétés savantes
- Des articles signés dans 60% des cas par G Weinberg...
- Pas d'étude randomisée, en aveugle

# 2015: LAST ET ELI

- *les ELI font aujourd'hui partie des recommandations à suivre lors d'un surdosage systémique en anesthésique local.*
- *Les ELI ne doivent pas être substituées aux autres moyens de réanimation, mais sont un élément supplémentaire.*
- *Des études expérimentales complémentaires et un registre de cas cliniques permettront probablement de mieux caractériser l'interaction ELI-AL.*